

# Predictions Week 2022

## Day 1 – Psychic Medium, Marilyn Alauria



<b>Marilyn Alauria</b> Psychic Medium / Prophecies by Month for 2021	<b>Dr Robert Pease</b> Renowned Numerologist / Numbers for 2021	<b>Dee Wallace</b> Channeller / Healer 2021 Prophecies / Famous Actress	<b>Laurie Reyon</b> Animal Communicator / Whales & Dolphin Messages for 2021	<b>Keri Fulmore</b> Medical Intuitive / Health for 2021	<b>Elizabeth Harper</b> Psychic Healer Color Specialist	<b>Tori Harman</b> Oracle Reader / Psychic / Spiritual Teacher	<b>Thomas John</b> TV Show on OWN Celebrity Medium	<b>Brian Seth Hurst</b> Crazy ACURATE Psychic	<b>Mary A. Hall</b> Healer, Abundance Coach / Abundance Healing for 2021	<b>Christy Whitman</b> Channeling The Council Of Light (WOW!)
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Jennifer McLean:

Good evening everyone and welcome to Predictions Week 2022. Last night, we started with our medical intuitive Keri Fulmore. Tonight we have the amazing Marilyn Alauria. She's an internationally recognized clairvoyant, psychic and medium. As I mentioned, Marilyn is our resident, clairvoyant psychic medium. Not only is she an amazing psychic medium, but I talk about this all the time, she probably wouldn't admit it, but I've never seen anyone quite like Marilyn. She has this uncanny ability. It is like she pulls the most relevant, insightful, incredible and proven techniques and processes out from the other side. Her guides just hand her this amazing stuff and they work. She's got like hundreds of them.

Jennifer McLean:

Over the years, I've watched Marilyn just give us amazing different techniques that are just so relevant for the moment. She has one that I'll be sharing a little bit later today called SASS, which is her program that is so relevant for these times, but she has this incredible gift. Not only is she an incredible, gifted psychic and medium, but she brings these amazing teachings through. We're always so blessed to have Marilyn Alauria on Masterworks Healing. Welcome Marilyn Alauria to Predictions Week. It's great having you here.

Marilyn Alauria:

Thanks, Jennifer. Thank you so much and welcome everyone. First thing I want to say to you, Jennifer, is your mother's mother came through. I don't know how your relationship was with her, but she placed her hands on your heart just as a healing, because I feel like what's going on with you with COVID, and we know it's very chest-related and heart-related. There's a real healing going on at a very deep level. So I just want to offer that up to you.

Jennifer McLean:

Damn it. You're going to make me cry and get all stuffy. My grandmother, my mother's mother, she's my love.

Marilyn Alauria:

Oh, good.

Jennifer McLean:

She is.

Marilyn Alauria:

Because I never knew, and I don't always ask for confirmation, so that's good to hear because I just felt a lot of love, a lot of nurturing.

Marilyn Alauria:

Then for everybody else I wanted to share quickly before we jump into this is that I have been participating with Jennifer for seven years or so, and I've been so blessed and grateful for being part of the Masterworks Healing community. I have to say my community is too, but her community is phenomenal and they are just so supportive and amazing and such incredible people. I really have this incredible amount of respect for Jennifer. She's very direct, very clear, very honest and very caring and compassionate too. This year is all about living the life that you want to live.

Marilyn Alauria:

And we're going to talk about that. You can't be in victimization at all. It's okay if you're struggling with it a tiny bit, but you have to choose, "This is it. I'm connecting my life. I am making things happen." I'm going to give you some tools and techniques to do that, but I can tell you that Jennifer and her community is the place to get that support while you go through it, because I would not be where I'm at if I wasn't in the communities I'm in and able to lean into the people that I'm able to lean into and also what those people do. And what Jennifer's community does, is they help you to see a bigger vision for yourself. And just like Jennifer, the way you described me, thank you so much, that was so beautiful, I have a very hard time hearing those things or receiving those things. That's something I'm working on, but think about being around a bunch of people that hold up a mirror to your beauty and your light and your magic and that's what her community does. I just wanted to share that.

Jennifer McLean:

Thank you. And it's true. God, this community is so special. Any of the contributors regularly talk to me about this. It attracts a real... I don't want to say "high vibe" because there is so much almost competition with that, because it's not "better than", it's just a lovely group of individuals that are really here to make a difference on the planet. I think that's why we've been around for so long and we really support each other in that. Marilyn, what have you got for us?

Marilyn Alauria:

Well, it's a big year. I'm just going to give a quick brief thing about me. Whenever I started Jennifer's thing people would be like, "Oh my goodness, please tell me next year is going to be better." I would be like, "Stop doing that because it's just a passing of time. It's just a way to take inventory, review it and then make better choices for the year coming. So I don't look at new year's eve or into new year's day any longer as a, "Oh my goodness. Thank goodness this is over. Now we're starting new beginning." That has shifted.

Marilyn Alauria:

What I'm finding really different about this particular 2022, a lot of times when I do these predictions, January is usually still carrying the information of 2021. That's not happening. We have hit 2022, we've hit the ground running.

Marilyn Alauria:

This to me is a pivotal year in our lives. It's a year where you really have to choose who and what you want to be and then make choices that support that. I can give you a breakdown real quick of what I'd like you to do. It's not part of my predictions. I believe Jennifer will tell you where my predictions are so you can hear them or read them, however she did it. She told me I said "so" 48 times. It was hysterical because she's like, "I went through your transcript." I say "so" a lot. You'll notice that. But anyway. It was actually really good advice. Yesterday, I was like, "Oh, I've got to work on that."

Marilyn Alauria:

But what I really want you to do is take inventory. Think about what you've wanted to create in your life. And maybe the needle hasn't moved forward where you would like it to move. I don't want you to get stuck on that. I want you to take inventory around it. Do you still want it? How do you feel about it? Take your temperature around that particular goal, intention, dream. Ask yourself what choices you've been making and have they really been moving the needle forward in that particular area? I've been

doing like 90-minute journal sessions where I've been taking a lot of inventory, and not from a place of grief or sadness. It's been a real conscious place. What are my belief systems that I have to shift? What's my mindset around this? What do I have to change and shift in this area? I've been doing that inventory from a very powerful place.

Marilyn Alauria:

It's not like, "Oh my goodness, I'm an idiot." Loving yourself. Throw love at everything. Throw love at yourself, throw love at the choices you've made. Believe that you can live your best life yet. Now, I'm going to tell you this is one of the most optimistic predictions I feel that I've had in a long time. I feel that this is possible for those who really want to create this type of life. Now, after you take inventory, you're like, "Okay, I do want this goal. I want this. This is where I'm not making choices and I need to jump into this. This is where I maybe need to let it go. This is where," whatever, "I have to change this belief system." Because a lot of times when you want to do something, you have a belief system that's bucking up against it, that doesn't allow you to believe yourself, that you can really have it. Say you want to be a millionaire but you have a belief system that's scarcity and lack and fear and 'I'm not worthy' or whatever the story is. You want to get conscious to that. That's what the SASS pillar system is. That's a subconscious thinking.

Marilyn Alauria:

After you take inventory, write your goals, write your dreams, write your intentions. I'm not going to spend a lot of time on that. This is what I'm going to tell you to do. Ask yourself what character traits you need in order to move that goal forward. Is it courage? Is it love for yourself? Is it confidence? Is it vulnerability? Ask yourself what those character traits are. Write those down. That's where I want you to focus and pick one of those character traits to work on every single month, because that is going to get you into more action, more change than anything else, than focusing because I want you to surrender to the universe.

Marilyn Alauria:

I want you to surrender to the dream and I want you to align with your soul by igniting this character trait inside of you. Say you need courage. Do something that makes you experience courage. And say you don't want to jump out of a plane, which is the big thing that keeps coming through to me, then do something small. Go to a new coffee shop, start a conversation with someone that you normally wouldn't. Go someplace new, something that's going to tap into that energy.

Marilyn Alauria:

Now I'm going to give you the third thing, and that's alignment. Now we're going to talk about soul ignition, lighting this baby up. I want you to make a list of things that terrify you and I want you to start doing them. Say you haven't been on a date for 25 years and you're like, "I really need to go out on a date with a guy or a woman," or whatever it is. I don't want you to jump into the thing that scares the crap out of you, that is just too scary to do. I want you to do something close to it. Something that lets you dip your foot in the water.

Marilyn Alauria:

I really want you to make a list of things that excite and terrify you. And I want you to start doing them. I want you to think about doing them. This is going to help you to light your soul up. You're going to become alive. How many of us have been wanting to live more inspired, more impassioned, more

excited? Jennifer does not attract anybody who doesn't do work on themselves. I'm not talking to people who are just waking up to this. You're like, "I am ready." And these are the steps that are going to help you.

Marilyn Alauria:

Then the last thing that's going to happen is pay attention to the signs from the universe because the universe, whatever you believe, source, God, your higher self, the universe, your guides, it is working with you every single moment of the day. There is information in every single moment and those bad moments are just as important as those good moments. Change your perception, change your perspective. That's what 2022 is about. Changing how you hold things so that you can live the most powerful experience. And let me say this quickly, and this is why I like Jennifer, what she has in her membership. It's not about waiting for external validation, it's about validating yourself. It's about loving yourself. It's about stepping out and believing in yourself. Then it's about being supported by a community and by the universe, saying, "Yeah, this is it for you. This is good." But just because someone says no to you doesn't mean that you're not allowed to have your dream. It means that you may have to learn something about yourself to move forward.

Marilyn Alauria:

So my prediction for 2022 is you have to make it happen. You are in the driver's seat of your life. You were put into it last year. You probably went through grief. I can't even talk about 2021 because if anybody has noticed, I've been in a vortex of time where I'm like, "Where the freak is the time going?" And everybody's talking about, "I collapse time. I collapse timelines. I make things happen." I'm asking Spirit before this call, "What's going on with time?" They're like, "Well, you're all talking about collapsing timelines." So now is the time to really make things happen. But it has to be born from inside. You have to create all of this from the inside.

Marilyn Alauria:

Then you have to listen to inspired action. That's where the co-creation comes from - the universe or from a loving community. They may reflect something back and you hear something. You're like, "You know what? I am going to take a risk and do this." Or, "You know what? They're right. I'm really not believing in myself." You have to listen and then take action. I'm going to stop there because I can go on and on and on.

Jennifer McLean:

That's awesome. No, it's really, really, really cool. With this, you're kind of giving a little bit of an overview of SASS, right?

Marilyn Alauria:

Yes, I'm giving an overview of SASS for 2022.

Jennifer McLean:

Into 2022. That's so cool. I'm going to mention right now that you might also want to take a look at Marilyn's amazing special offer here. It is her actual SASS program. By the sound of it, this would be the year to take it. It is a very proven, powerful program. You can go to [www.marilynauria.com/sass22](http://www.marilynauria.com/sass22).

Jennifer McLean:

I'll talk a little bit more about it later, but it's so cool that you use SASS. She kind gave away the premise of it as a technique that you can apply right now. And if you want to go much deeper into this, then go check out that program.

Jennifer McLean:

That's super cool. That feels so empowering. It's like all of us are shifting from, "What's going to happen?" And, "Is it going to be better?" And, "At the effect of," if you will, like "something out there has to change," to 2022 becoming something that we get to change.

Marilyn Alauria:

Yes.

Jennifer McLean:

We get to choose that we get to move forward, that we get to examine our belief systems, that we get to take inventory of. I think it's such a powerful thing. I got a huge affirmation when you said, "Take inventory". There are a few things that have been on my to-do list that I haven't gotten to, that I need to reevaluate, take inventory on. And then this notion of identifying the character traits is so cool. You could do that every month. Then the idea of identifying things that scare us, I have at least three that I have already been considering.

Jennifer McLean:

I've been noticing that this year was, like you said, almost the opposite. It's like 2022 leaked over into 2021 at the end there, not the opposite way around.

Marilyn Alauria:

Yes.

Jennifer McLean:

Some of the things you're talking about, I had already started. I already started doing a few things that really, really scare me. One of them is dating. It just wasn't even a consideration. And suddenly I'm thinking about it, so I joined a dating site and it's like, "Nope, that's not the right time. Nope." It was a great experiment, but I get to see exactly what you're saying. There are some things that I have to work on before I could ever consider doing that, or if I really, really want that. I love this. This is a really powerful way to start the year.

Jennifer McLean:

Now, the other thing that Marilyn mentioned is she has these actual predictions and she's got a prediction for every month. There is a free download for you on the listening salon. That's the red button. Go click that red button and you can download that PDF. She has all of the predictions in there. She does this for us every year so that you guys can go ahead on your own time and look at all those predictions as a bonus, just a wonderful gift. Thank you for that, Marilyn, that we can get to more session work with you. I love this. Pay attention to the signs from the universe after you've done your character traits, after you've identified and really evaluated your goals and intentions. Change your perspective, claim your life. When you're a member of Masterworks Healing, some of the members

might even be rolling their eyes because we talk about it so much here. And we give you all kinds of ways here too, like Marilyn tonight, to claim your life. Some of you might be thinking at this stage, "Well, how the heck do you do that?"

Jennifer McLean:

There are so many ways and the SASS program does it. Go ahead, Marilyn.

Marilyn Alauria:

First of all, Jennifer has amazing people on her panel besides her own powerful way of healing and stuff. So definitely look at Masterworks Healing because I'm very picky about who I will surround myself with. I know Jennifer is too and she picks really incredible people. There are two things I want to bring attention to everybody. One of the things spirits woke me up to in early December, late November. They were like, "What if you could have your best life yet from this point forward?" I worked on TV networks in the heyday, I was an actress on and off-Broadway. I have had really incredible experiences in my life.

Marilyn Alauria:

And you get to a certain age where you're like, "Well, is it over? Am I going to have that best life yet? I don't know. I'm like in my fifties." And spirits are like, "No, no, no. This is the year where you get to claim it, and it gets to be even better than anything you've ever had before, but you have to claim it and choose it." You said something, Jennifer, I had to jump on that real quick.

Marilyn Alauria:

And then something else she said about dating. The interesting thing about that, Jennifer, and I'm going to say this to you and to anybody else. The online dating thing... I have tried it so many times and it just doesn't... I think spiritual people have a really difficult time on that particular thing. That's not what it's about. It's about the adventure. It's about doing the things that terrify you. It could be going on a kayaking trip, it could be hiking. And that's where that relationship gets created. We have a beautiful opportunity to play in this life, especially this year moving forward, in a way like we've never got to play before. I just want to offer that up to everyone. I really feel different this time. And I even went back to my journal from January of last year to make sure that this wasn't the Kool-Aid I was drinking every single year at the beginning of the year. And I wasn't. Last January, I was not having this experience. I didn't mean to cut you off, but go ahead.

Jennifer McLean:

That was great. That alone, you know how much I love the 'What If' game. We even played it last night.

Jennifer McLean:

This idea of 'what if I could have my best life ever from this moment forward as an energetic principle' is like, I use affirmations too as indicators. As temperature gauges, if you will. If I claim something, 'I am wealthy beyond measure. To me, it's a barometer that I go, oh, how's my mind? Where's my belief barometer on that? And my mind says, "No." That's when I know that's what I have to play with. That's how I use affirmations. Some of your minds right now are saying something like, "What are you thinking? Live my best life? Don't you know it's my life?" If you're doing that, that's a mind barometer telling you where you're at energetically. Where you're at energetically, is how you create. If you are in a place of, I'll never have the life I had, or it's 100% regret, that's the energy you're creating forward. Although, by the sounds of it the momentum of this year might nudge you. Another word for nudge is

force. It might force you into a shift, into a different direction that Marilyn is suggesting at this moment. I love it.

Marilyn Alauria:

I want to get session work, but I want to bring up Jennifer. This what I love about Jennifer, she's very honest. And I don't like teachers out there that make you think that once they've reached certain enlightenment they like living the blissful life. Because I don't really feel that that's true, we're constantly in evolution. And Jennifer, when you talked about dating, I want to offer this because I feel like there's a lot of spiritual people that are inviting this in. We've been without romance for some time because we've really aligned with our souls, we've worked with our souls. And the thing is, we may think because society says you have to be online, this is how you have to do it. And then right away, and I'm not saying this is what happened to you, but for me it was like, is there something... Okay, I'm afraid.

Marilyn Alauria:

I went into therapy last year. I'm like, what am I afraid of? What's going on? And, instead, spirit is like, let's take inventory about this. Is this really your arena? How about if we put you in a situation where you're going on a hiking trip in Ireland, where you really want to be. Whether he's there or not, does not matter. What matters is you're getting to live your life the way that really resonates with you, not that resonates with 80% of the world out there.

Jennifer McLean:

Right.

Marilyn Alauria:

That's what this year is about. What really drives you? And don't deny it any longer.

Jennifer McLean:

I love that.

Marilyn Alauria:

It's such a different, interesting experience that's happening this year.

Jennifer McLean:

That is such a great example of what taking inventory looks like. We get to look at it and say, this is the direction I thought I had to go. And again, that's the mind. Maybe there is a different way. And then listen, listen to the universe and your soul giving you direction. Brilliant. Okay. Is there anything else before we dive in?

Marilyn Alauria:

Because I don't remember the channels when I channel these messages. And it was so funny, because I did a whole podcast about this. And there was this woman saying, "She didn't predict shit." At first it annoyed me. And then I was like, oh, that's hilarious. Because people are waiting to be told the lottery numbers, or that they're going to meet this person. And I'm like, no, you have got to drive the ship. The universe is putting the wind in your sails, now you're at the helm. Go. I thought it was hilarious. No, I think we should start because I think whatever needs to come forward will come forward in the work.



The only thing I would say is think about how you would choose to live, and really live it. And just really own it. That would be my most important thing. Let's see what comes through in the session work, because I feel like more will come through.

Jennifer McLean:

Awesome, let's do that. I'll wait for us to have an amazing experience tonight. Everyone, this happens all the time in Masterworks Healing, without fail. This is actually Marilyn's idea: write down what you need and require, or something you need some support with. Write it down right now on a piece of paper. Take some time and do it. And then, every time Marilyn says something that resonates, it pings. It has you go, oh wait, that was a good one. You write that down underneath what you need and require support with.

Jennifer McLean:

You might write three, five, 10 different little sentences down, or two or three sentences for each that Marilyn shared. And if you read it back against what you need and require, you will have your own personal reading. Okay? Now, another thing that's really important about this year is taking small actions. That is part of what Marilyn already shared. Take this small action; do it. Don't just sit there and say 'I want the lottery of numbers'. Write it down right now. All of you. There are probably about, I don't know, 1,600 people here. Feel the energy changing just from that. It changes the field. Write down what you need and require. What you'd like some support with tonight. Tomorrow you might write down the same thing, you might write down something different.

Jennifer McLean:

We're also going to hold an intention. Again, another small action that's really important. Take a moment, put your hand on your heart and repeat these exact words to yourself after me. Again, we do this on every single Masterworks Healing. We put an intention in the field so that all are served. Say these exact words that I'm about to say to yourself, after me. And say it with a level of presence and conviction too. Say this to yourself. May the perfect people be chosen to work with Marilyn tonight so that I receive at the highest levels. There we go, that was a nice intention. Lots of people really present tonight, it's good.

Jennifer McLean:

Now say it to yourself a slightly different way. Again, say this to yourself with presence and conviction. May the perfect people be chosen to work with Marilyn tonight so that I get exactly what I need at this time. There we go, there it is. Now that, combined with you writing what you need and require, and then whatever Marilyn shares that pings with you, you're going to get some answers tonight. Marilyn, would you pick a number from one to 221?

Marilyn Alauria:

44.

Jennifer McLean:

Nancy in South Carolina, you're on the air.

Nancy:

Yeah. Hi, this is Nancy. I am brand new to the seminar.

Jennifer McLean:

Welcome.

Nancy:

I know, I saw it on the Facebook page. And I thought, what a wonderful way to get introduced to a new way of thinking about things.

Jennifer McLean:

Yay.

Nancy:

Yay. Yeah.

Jennifer McLean:

I love your openness. Yes, thank you. How can Marilyn support you?

Nancy:

Hi, Marilyn. I appreciate your insight that you gave today. I recently retired, a couple of years ago anyway, and I really wanted to do a lot of traveling. I wanted to see different places around the world. And I had a couple of months before COVID hit, so I haven't really been able to meet those goals. But I do have some issues around financing these things, and I have a dog that I just love. And so I don't want to leave him for very long. And help me wrap my mind around this.

Marilyn Alauria:

I will.

Nancy:

Okay, thank you.

Marilyn Alauria:

What's interesting is, and Jennifer knows this when we do session work in Masterworks Healing, we often let them ask questions. Often, when I do reading, I don't let people ask questions. Before you even came on, the 44 is important. But I was hearing about animals, and I have an anxiety kind of anxiousness, but it's excitement in my chest with you. So it could be you're a first time caller, I don't feel like it's that. I feel like it's excitement about life. I want to suggest a couple of things to you before I get into your direct question. I love the direction that you're going and I want you to continue to trust that excitement, that inspiration that you had before COVID hit. Because, just because the world shut down does not mean that you shut down, Nancy.

Marilyn Alauria:

It means that you've gotten the opportunity to think about things differently, and I'm going to offer up some opportunity for that. I want to go to the 44. They're also giving me sounds; sacred sounds. There

are a couple of things I'm going to give you right now. The 44 is about foundations. You would think it's the fourth chakra, the heart chakra. It's really the first chakra, it's about belief systems for me. There's a belief system in here like I can't go and travel because of my dog, and I can't go and travel because of finances. And I'm going to explain something to you about my dogs in a second. It's really not true. Because what Spirit is asking me to ask you, is can we do an exploration on the internet?

Marilyn Alauria:

Can we do an exploration where, I want you to go out there and I'm going to give you something to do. I want you to find different types of sound and music and dancing in different parts of the world. Spirit wants you to go on a world tour of music and of culture. They want you to start exciting yourself. I'm getting chills with this. Where you're home and you're still getting the opportunity to have an experience of this type of nature. Because they said they're going to prepare you for when the opportunity comes where you're going to get to go. And what I feel like is going to happen, is you're going to make friends in certain communities where there's going to be an opportunity. It's like, hey, come visit me. We're doing a drumming circle in South Africa. I don't know where it's going to be, I'm not going to say. Or it might be Italy or somewhere.

Marilyn Alauria:

We want you to come and you can stay at my house. Spirits are like, we want to give her much opportunity where she could explore this, if she would just open the door and walk through it. Now, the dogs, I'm going to talk to you about that real quickly. I have two dogs. When I moved to where I live now, where I didn't know anybody. I interviewed about 30 people, and none of them were a right fit for my dog. So I wrote down exactly what I wanted, and then the universe took me to exactly where I needed to be. I have the perfect people to watch my dogs. The perfect people that I feel, and I'm somebody who wouldn't go far away from them because they are my kids. And I don't trust people with them.

Marilyn Alauria:

The thing is, now I could actually travel for a month because I know that they're going to be at the most capable, loving hand, and they're going to have a great time.

Nancy:

That's awesome.

Marilyn Alauria:

You're limiting yourself, okay?

Nancy:

Okay.

Marilyn Alauria:

I want you to explore the world as in your imagination, in your heart, in your soul. And opportunity is going to present itself where you weren't expecting to see it. Nancy, let me ask you this. Can you believe what I'm saying to you?

Nancy:

I can. I totally can.

Marilyn Alauria:

Okay, good. That's what I'm going to give you. But for some reason, Spirit wants you to go out on sound. You may not be interested in music or sounds, or drumming or bowls. I can't do bowls unless people really know how to play them. But that's what they want you to explore, they say, because that's a different way for her to travel the world and that's going to be exciting.

Nancy:

Oh, awesome. I will totally look into that.

Jennifer McLean:

Pretty cool.

Nancy:

Thank you guys so much.

Jennifer McLean:

Thank you very much, Nancy. Nancy, would you pick our next person from one to 231?

Nancy:

Yes. Number 70.

Jennifer McLean:

70. Okay, perfect. Before we go to caller number 70, my guides asked me to ask you to check into this. We normally don't do this. Someone on the forum asked a question and it caught my eye, and my guides said, "please help her." It's Marlene, she lost her husband unexpectedly a few months ago. He was only 52. They grew up together over 30 years. She's asking why or how to move on, she's in that place. I know how good you are with that Marilyn.

Marilyn Alauria:

Marlene, I want to say first, you know spirit communication can take the deceased a little bit longer to connect to. What I'm going to try to do is just give you a message that is with guidance in between it. First of all, I'm sorry that you've had this experience. And what I'm feeling like around me right now is a cloud, obviously an emotional cloud. And I'm getting a feeling of not being able to have said everything that you needed to say to your loved one. I'm also getting a star. I'm also getting cigarette smoke, or tobacco. I don't know that the tobacco is necessarily associated with the person that you lost. My left ear is bothering me, which means that your husband is trying to communicate with you. And I don't want you to be like, "oh my goodness, how am I going to hear them? What do I need to do?"

Marilyn Alauria:

Instead, what I want you to do is actually start talking to him. I want you to start talking to him. And then I want you to ask questions, and I want you to play little games with yourself. And these are the games

that I'm going to ask you to play with yourself so that you can get your own communication, your messages on your own. Because I believe that everybody has the ability to do that. The star is very important for some reason. The star for me is about living. How do you live your best life yet after a huge loss like that, right? And they're showing me my star right behind my Emmy. I have an Emmy. As much as this is a difficult moment, you're going to rise to an occasion here that is really quite magical; more than you can even imagine.

Marilyn Alauria:

But Spirits are asking, "please, let's not try to introduce this to her right now when she's in this much pain and grief. Give it to her, but allow her to be with it, what she wants to do with it." They're asking that you sit down and write down your questions that you have, like, why did this happen to me? But they said, ask your husband that. They said, because he's here and he's available to help you. And he would like to help you. Then when you ask that, go to your music, go to your iPhone, go to your shuffle, and hit shuffle. And whatever song comes up, go and listen to it and then read the lyrics, and see if there's a message in there. And if there's not a message in there, don't worry about it in the moment.

Marilyn Alauria:

Then they said, ask another question. Well, I don't really understand what that song meant. Say, that's it. "Can you please tell me more? Why am I in so much pain?" Then they said, go to your bookshelf, pick out a book and just turn to a page and read a paragraph. They said, they want to communicate directly to you. And this is the opportunity for you to open up to those messages. Because he has not left your side, he is with you. And he doesn't plan on leaving your side right now. But, this does not mean that you don't go on with your life. This means that you find a new way of living. But they said, in the grief stage we've got to allow the grief to be. So they don't want you pushing through the grief stage because then you would go create something in your life that you're not supposed to create. Allow yourself to have that, but allow yourself to play games.

Marilyn Alauria:

I have a friend who went through the same exact thing, and that's what they're reminding me of. And she reached out to me because she keeps hearing them call her name, but she's feeling fear. I'm like, no, he's fine. I started giving her messages. And she just wants to now work with talking to him. And I believe that everybody is capable of doing that. So what I want to say to you is that this is an actual opening, it's not a shutting down. But I say that with love. And I'm going to leave it at that, Jennifer. Because for me to do deceased loved ones, with the amount of people on this call, I can do it, but that takes a little bit longer, especially if the passing is that recent. Although I feel like he's past the point that mediums would read her.

Marilyn Alauria:

Also, find some spirituality in this if you can. Buddhism is what they're showing me. Something that is not necessarily about Catholicism... I was a Catholic, it's not about Catholicism. It's some type of other spirituality that you could study, Course in Miracles. Invite something like that in right now, because it'll help give you some comfort. I'm sorry for your loss.

Jennifer McLean:

Thank you for that. And I felt like there's a broader message there for all kinds of people, because there has been a tremendous amount of loss this year. And I love those.

Marilyn Alauria:

Yeah.

Jennifer McLean:

Sometimes we forget, right? We forget how to connect. And the songs. And like my sister who passed, it'll be nine years coming up in June. She turns on my light in my office all the time. And it's not scary, it's just, hey, I'm here. Oh, I love you. Thank you for checking in. We don't have to be afraid of this stuff, but we can also be active in it, like you said. I love that. Thank you for taking that question.

Marilyn Alauria:

I want to share one quick thing. Just because I feel like this is going to help the whole community. It's such a powerful community tonight. I was doing a Facebook Live, and a student of mine, I didn't know which student it was, said that she was having a really difficult time. She said, 'I can't get better until I get through this healing. I have to heal first until I get through this.' And she had just lost her father. And I said, it happens simultaneously. You don't wait to heal before you move forward, you're doing it at the same time. But that does not mean that it's easy. Grief hurts. It's hard. But you do it at the same time. So I'm inviting everybody to do the journey together. To not say, "I have to wait until I'm healed, until I feel better, until I do this." No, no, no. This is about stepping forward with it. I just wanted to leave it at that.

Jennifer McLean:

Yes. That kind of loss, that grief, changes our direction. It changed mine.

Marilyn Alauria:

Yes.

Jennifer McLean:

Yes, it's important. And it was an opening for me. And it's hard to hear that at three months. It's impossible to hear that.

Marilyn Alauria:

Oh, goodness.

Jennifer McLean:

But yes, maybe at three years you can really hear that. But that is the future, it is an opening. And so sorry for your loss. Okay, we're going to call number 70. You are on the air. Is that Tracy?

Tracy:

Hi, Marilyn. I'm just excited about this year, and just want to know if there are any messages for me.

Marilyn Alauria:

Tracy, a couple of things come through for me, my stomach is very activated with you. That's the third chakra, but I feel like the second chakra is leaking into it. This is about you completely trusting your intuition. It feels like the second, third, and the throat chakra are the ones that are the most active to

me. And I'm going to explain that in a second. But also, I have a hand activation. The second chakra is about creativity for me. The third chakra is about intuition. And the throat chakra is about speaking your truth to yourself and speaking your truth out into the world. Spirits are inviting you to combine all those things.

Marilyn Alauria:

Now they showed me a book, a fictional book. I don't know that you want to write or anything. But I want to reiterate one thing that Jennifer said that was super smart. I want to say this to everybody, as well as to you, she said tiny, small steps. And what I got is education. Educating yourself and allowing yourself to do something out of the box, out of the realm of what you usually study is going to change your life significantly. Right? I'm taking a 40 hour online dog training class with this amazing trainer. I'm not looking to be a dog trainer, I'm doing it for my own thing. I know I'm going to gain so much from that. Spirits keep showing me the Alice Hoffman books. There are some prolific stuff in you that wants to come out. And you may be like, "you're crazy. I've never done that."

Marilyn Alauria:

Anybody can channel, anybody can meditate. Anybody can communicate with spirits. They're asking that you continue to turn those lights on. That your hand, your right hand is super activated, because there is some healing energy in it. They said, play with it at night, put it in front of those chakras and I'll send light through your hand. There is a lot of angelic realm around you, from the angels, if that's what you believe. Send the light from your hands into the chakras to activate those chakras, because they want you stepping into creativity. They want you stepping into fun. They want you having, like in *The Artist's Way*, she talks about having artist dates. I was listening to this... It's so hard for me because there is so much backstory that I want to get into.

Marilyn Alauria:

This one guy was sharing how he fills his calendar with fun things to do. He makes sure that that's on his calendar. Because if it's not on his calendars, he's not doing it. Tracy, they are inviting you to have fun. They're inviting you to have play. I love the angels, but I'm not an angel card reader, that's not my thing. You have angels around you. You have a specific angel that is hovering over around you that is just... And it feels like Gabriel, but I'm not sure if it's that. And my crown chakra is shooting open. So you're already in this work. Step out into it bigger. The throat chakra is about going out and speaking your truth. Don't look for other people to say, she's crazy or she's amazing. Do it because you know you're being called to do it. Now, I don't know your specific, what you're aligned to do, what it is that you want to do.

Marilyn Alauria:

Because they're not showing that to me right now. But I'm going to suggest that you play with writing. I'm going to suggest that you start sharing what you want to share, even if it's stories with your neighbors. I don't care what it is, but start talking and sharing and communicating. You have a beautiful energy inside of you that is just blossoming.

Marilyn Alauria:

Do you have a specific question after what I just said?

Tracy:

No, no, that was the answers I needed, thank you.

Jennifer McLean:

Oh, wonderful. Tracy, would you pick our next person from one to 242.

Tracy:

222.

Jennifer McLean:

Look at the twos. Good answer, thank you, love.

Marilyn Alauria:

And I'll have you know, this never happened before either. These numbers are powerful.

Marilyn Alauria:

I know, right? I have to scroll, scroll, scroll. Find 222. All right. Helen in Clearwater, Florida, you are on the air. Hi Helen.

Helen:

Hi. Hi, thank you so much for picking me. How are you?

Marilyn Alauria:

Sure. Well, you can thank Tracy for picking you.

Helen:

So my question is, I have been working in corporate for 40 years and I'm trying to transition into my own business, and I'm not sure if I should go into coaching or healing work. I like them both, but I'm not quite sure.

Marilyn Alauria:

How about all of the above, is what I was going to say before you even said that. Why are you separating it? You don't need to separate it. Helen, let me just talk for a minute, okay? And then I'm going to let you ask a specific question, sweetie.

Helen:

Sure.

Marilyn Alauria:

One of the things they showed me right away was my dream work. Before you go to bed at night, I want you to write down a little letter to your guide, to your higher self, your dream, to have a dream, a clear dream. And I want you to write whatever fears or anxieties are coming up and just say, "Can you help me have a better understanding of this, or a bigger belief in myself, or point me in the direction of what I need to know, or help give me clarity?"



Marilyn Alauria:

I want you to write that down before you go to bed at night, I want you to leave it by your bed. And the minute you wake up, I want you to try not to move that much and write down whatever you remember. Now, if you have to run to the bathroom, that's fine. Go to the bathroom, get back into bed, get back into the position that you were when you woke up in, and just try to remember it. And if you can't remember anything, write down what you feel. Write down what color feels good to you. Write down a song, think of a song, write down a flower.

Marilyn Alauria:

All these symbols have meanings to us, and I just want you to play with that. What I feel with you right away, is you're getting stuck in the how or what you should do. There is a little bit of fear, of course, after leaving a corporate job for 40 years. Spirits are like, "Just do it." This is what you're being called to do. This is what you've been feeling like doing. I feel like it's been the past six or seven years.

Marilyn Alauria:

So just do it and then educate yourself on what you're going to do. But they also said, "Put a calendar in front of you and make a plan. 'By January, I'm going to know how to build a website, or I'm going to start building a Facebook community and start talking about this. In March, I'm going to learn about Instagram.'" They said, "Just plan it out because there's nothing you need to wait for any longer."

Marilyn Alauria:

But to grow a business, which Jennifer teaches a lot about, you still need to have that skillset. Now ask me whatever you want, but, to me, it's all systems ahead. I'm going to share one more thing with you. Your brand is your brand.

Marilyn Alauria:

Because you've been in corporate, you're going to help with people that are burned out in corporate world. You have an ability to understand things that nobody else can. You could put 100 energy or reiki healers in a room. They're all going to have something different to bring to the table because of their own personal life experience.

Marilyn Alauria:

You're being called to bring your personal self into it. So it is coaching AND healing because you're going to heal through voice. You're going to heal by giving somebody advice, because you are going to have people... I think, I feel like a niche for you is burnout.

Marilyn Alauria:

You can also disagree with me. I never have a problem with people saying, "I don't know what the heck you're talking about, you're crazy," because I've done enough readings in my lifetime that people come back to me and say, "I thought you were nuts, and this came true." How do you feel right now, Helen?

Helen:

I feel good. That's exactly what I needed to hear.

Marilyn Alauria:

Good.

Helen:

Yeah. And then, another part was, I need more fun in my life. I don't know how to incorporate more fun, but I know that I need to do that.

Marilyn Alauria:

I want to share something else with you, Helen. This is going to be more fun for you. I was in a corporate career. I was in a television career, it was tapping me out. I built a lifestyle and then a business that supports my lifestyle.

Marilyn Alauria:

I'm an avid tennis player. It's a skill that I'm loving learning. I sit and look at my calendar and I'm like, "Okay, how can my business support more freedom for me?" And sometimes it takes a little a while, so I don't want you separating the two, I want you putting those together.

Marilyn Alauria:

But this is fun for me. To be able to come on this call and share with all of you, it's so much fun. And then I get to go and hike with my dogs in nature because I've created a life like that. Don't separate it, honey, Helen, put them together. Don't wait for one thing to end before the other thing begins. You're in a great place to start.

Jennifer McLean:

What I do for a living is fun. I mean, it was interesting when you said it, because I'm like, "Oh, maybe I should do more fun," and I heard immediately, "Are you having fun right now?" I'm like, "Oh my God, I'm having so much fun right now!"

Jennifer McLean:

So this can be fun. Sometimes our mind decides that this thing over here is fun, but what if life is fun? It's hard to have "life is fun" when you're in corporate America. I get it, I worked in corporate America for over 20 years, I get it. But there's an opportunity for that to shift. Does that feel like that could be true?

Helen:

Yes. Definitely. Thank you, I appreciate it.

Jennifer McLean:

Great. That was really good information. Are you feeling complete? Are you done, Marilyn?

Marilyn Alauria:

I want to say something to everybody on the call, Helen included. I want to share with you, I really took inventory of my life because I was feeling stuck in certain areas. There are certain things in my life that have not moved forward, and I came at it from a place of, I can change this. I can make different choices. I can really make this happen. I want everybody to hear that, yeah, I have a great life. And I write 10 things that I'm grateful for every single night to continue to be in that spirit of gratitude.

Marilyn Alauria:

But it does not mean that I don't have a moment where I look at something and I go, "What the F, man? When is this going to fricking change?" And then, what's happening for me these days is like, "I'm going to change my friggig life this year, I'm creating change."

Marilyn Alauria:

And I know I can do it, and that's what I want to offer up to everybody, because I feel that truth for everyone. And I want you to also hear that. Sometimes we look at people and we think, "Well, I wish I had what you had," or the comparison energy. I just want you to know you're all in that place. You can all do it too.

Marilyn Alauria:

Like I say to people in meetings, I'm not blowing smoke up your butt. I'm telling you something that I'm doing myself. I just had to say that, Jennifer. You have a powerful group here tonight.

Jennifer McLean:

I know it's really powerful.

Marilyn Alauria:

You're going to have some really incredible people joining their membership even more.

Jennifer McLean:

I know, it's very exciting. It's almost like we've been building and building and building this over the years so that we are at the exact right moment of attracting the best people.

Marilyn Alauria:

I agree.

Jennifer McLean:

I'm so excited. Helen, my love, would you pick our next person from one to 247?

Helen:

55.

Jennifer McLean:

We are going to 55. It looks like it might be Pennsylvania, you're on the air.

Margaret:

Hi, it's Margaret.

Marilyn Alauria:

Margaret. Okay, good. It helps me to wipe the slate of the last person and move into the new vibration. Margaret, how can I help you?

Margaret:

Can you give me any direction?

Marilyn Alauria:

Can I give you any direction? Margaret, I'm going to hit you over the head, okay? I'm going to give you direction, but I'm going to tell you why. This is why I don't do individual readings anymore. Sometimes people will do that just to test me and that's okay, I get it. But really, what it is about for me is, you should know what direction you want to go, and I don't like the word 'should'.

Marilyn Alauria:

I will give you direction, honey, but I don't want you going to any reader. I don't care if you go. I don't get readings, but if you go to a reader, I want you to know the direction you want to go in. I don't want people putting their hands out and rendering themselves powerless and handing their life over to someone else. I did a whole podcast about not rendering yourself powerless to readers, astrologers. They're all great, there are great people out there, but I want you to co-create with the guidance that's out there.

Marilyn Alauria:

Okay, direction for Margaret. Margaret, what they're showing me is, and do not take an insult to this, they'll explain it in a second. They're showing me an old crone in a story book. They're showing me an outlet that doesn't have a plug inside of it. Now what's interesting with that is the old crone in the story book is the person who you overlook; who you don't think has the wisdom. They're like the person who is maybe nagging or angry or with the cane.

Marilyn Alauria:

I can't believe this old crone that's coming in here. She's got this gray shawl over her, she's got that witch's nose with the wart, and she's got this cane that is just made out of wood, crooked old wood, and she's pointing this thing. But really what it is, is "look at me; I've got something inside of me that needs to come out".

Marilyn Alauria:

The direction that Spirit is asking you to do is to start. Then she starts standing tall. She throws off... Gray is about... I don't know what gray means to you. Gray, for me, is about not living in gray material, not living in the grayness of life; it's living in color. What is it going to do that's going to bring out the color in you?

Marilyn Alauria:

Now, your heart is very open to me because you're very empathic and you have a lot of empathic energy. They're also showing bouquets of flowers. They're asking that you go to a Trader Joe's, buy a bunch of different bouquets, do your own flower arranging every week for a month. They said, "This is going to incite some type of interesting inspiration inside of you."

Marilyn Alauria:

Now, she has got wisdom inside of her, but she hides her wisdom. There's something with your teeth too, and I don't know if you grind or you have any kind of teeth issues, but it feels like you're clamping

down and you're holding on tightly and Spirit is like, "Will you just let go? Let go and surrender and trust. You've done the work already."

Marilyn Alauria:

Now, the plug is interesting for me, because whenever they show me an empty outlet, you're holding this empty plug and you're like, "Where do I plug it into?" And Spirit is like, "Let's plug it into your heart. Let's light up your heart. Let's just allow this flourishing to happen." So what they're asking me to ask you, is what is it going to take for you to believe in yourself this year? They want you to wake up every morning and say, "What do I need to do today to believe in myself?"

Marilyn Alauria:

Now, I don't feel depression, I don't feel sadness. I feel more of a hidden type of energy, like I'm hiding from what I want. Now, that could come in your question, right? And you could disagree with me and I'd love to know what you feel. They're also showing me the Bible.

Marilyn Alauria:

Now, the thing that's interesting about the Bible in this is that says to me, you probably have a spirituality that you were raised with, but it also shows to me that there are these... I don't usually talk about reincarnation because I have a different belief system around reincarnation and stuff, but it shows me that you have walked lifetimes where you were probably a prophet, or you offered up, or you walked with Jesus in a time. And if that resonates with you, great, run with it.

Marilyn Alauria:

To me, people get lost in past lives and they're like, "I have to heal that first before I live my life." And that's not true. I feel what Spirit is asking is that you stop covering yourself up. Throw off the shawl. They're showing me the six of cups card, read about it, and you start giving your bouquet of flowers to others, your light to others.

Marilyn Alauria:

You really have a beautiful energy, Margaret. I have to say. But you need to turn up that light, your soul light. That's what I'm going to leave you with. What direction do you need to go in? The direction I would suggest you go in is anything that's going to help you to believe in yourself. It's not about worthiness, it's that you deserve to live your best life yet. I'll put it that way just so that everybody else gets a message from that. How does that feel to you?

Margaret:

That sounds fabulous.

Marilyn Alauria:

Okay.

Margaret:

I've been trying to work with my angels, but I would like to know at least one of their names.

Marilyn Alauria:

Well, now, let me ask you this, which one do you resonate the most with?

Margaret:

That's just it, I don't know. I think I have two, one on each shoulder.

Marilyn Alauria:

Right. Here's the thing that I'm going to ask you, I'm going to ask you to work with (and you're going to be like, "Oh geez") Archangel Michael. And I want you to work with Archangel Michael for the rest of the month to help you to get to know the other angels that are around you. And Rafael is another one that's coming through.

Margaret:

Rafael.

Marilyn Alauria:

Were you laughing?

Margaret:

Yes I am, because I say Michael's name every night.

Marilyn Alauria:

Okay, there you go. Here's the thing, I want to just use you as a teaching tool. This is where I don't want you looking for other people to tell your angels' names. This is how I teach guidance. You choose it. My guides teach where it's a co-creation. Michael wants to work with you, work with Michael. There are two others, I agree with you there, and he'll point you in that direction as well.

Margaret:

And I will get their names?

Marilyn Alauria:

Well, I'd like you to work with Rafael as well. But you see, you keep looking for outside validation and Spirit is like, "Who aligns with you?"

Margaret:

Okay.

Marilyn Alauria:

"Who do you feel connected to? Who do you love?" And you missed that question, because you talk to Michael every single night, and then you wouldn't give it to me. And I said, "Archangel Michael." Why are you waiting for somebody else to validate what you already know?

Margaret:

Okay. Very good. God bless you.

Marilyn Alauria:

All right, sweetie. Beautiful.

Jennifer McLean:

Thank you, Margaret. Margaret, are you a member?

Margaret:

Yes, and I spoke to you about a year ago; I'm that old lady from Bucks County, Pennsylvania.

Jennifer McLean:

You're in your nineties. Aren't you?

Margaret:

I'm 90 and eight months.

Jennifer McLean:

90 and eight months.

Marilyn Alauria:

But you have a lot of wisdom to offer a lot of people, Margaret.

Jennifer McLean:

Doesn't she? She's just such a delight.

Margaret:

Really? I feel like such a dummy.

Marilyn Alauria:

She's got an incredible amount of wisdom.

Jennifer McLean:

No, you're not, not even close. You can stop that little inner voice there, you can just stop that.

Marilyn Alauria:

Well, do you remember the question I gave her, Jennifer? "What do I need to do to believe in myself?"

Jennifer McLean:

"What do I need to do to believe in myself?" Write that down, Margaret.

Margaret:

I am.

Marilyn Alauria:

Every day. Good, honey. I love it.

Jennifer McLean:

Much love to you, amazing Margaret.

Marilyn Alauria:

Thank you, Margaret.

Jennifer McLean:

We love you.

Margaret:

Thank you, God bless you both.

Jennifer McLean:

God bless you, honey pie. Margaret, would you pick our next person from one to 241?

Margaret:

14.

Jennifer McLean:

14, perfect. Getting the coolest numbers here. Okay, so we're going to go to caller number 14. All right, going to Brooklyn, New York. Samantha, my love, you are on the air.

Marilyn Alauria:

That's where I'm from. Hi, Samantha.

Samantha:

Oh my God, am I really here?

Marilyn Alauria:

Get it, girl.

Jennifer McLean:

You're here, we can hear you.

Samantha:

Oh, my God, she's not going to like this. I have the same question as the lady before me; I wanted some sort of direction.

Marilyn Alauria:



Okay, it's okay. Samantha, the reason why I do that is because I see too many people go in at a very vulnerable state, and they go into people who take that vulnerable state and they'll say something to you, and you'll believe it as gospel and it's not the truth. And I've seen too much of that over my years as a medium.

Jennifer McLean:

Yeah, me too.

Marilyn Alauria:

Thank you for saying that, Jennifer. But the people that Jennifer has on her forum, they're phenomenal, I trust them. I got to meet some of them when she did a live thing and I was like, "These people are wonderful."

Marilyn Alauria:

That's why I get really strict about it, because I don't want anybody rendering themselves powerless to some of the people out there that I feel like they're not in integrity.

Marilyn Alauria:

Honey, with you, I want you writing. You also have animal energy around you. Whether you believe this or not, I'm going to offer up a bunch of things to you. I remember years and years ago, somebody said to me, "When you check in with people and ask if they understand, it sounds like you're insecure." I'm not insecure, I'm giving you the power to decide if this is right for you. Because who cares what I say? You're the master of your life. You have to choose what's good for you or what's not, right?

Marilyn Alauria:

Right away, my throat chakra is like, "grrrrrrrr", and I'm going to talk about that in a second. I would love to see you work with a pendulum. I feel like that's going to help you because my throat chakra is like a pendulum, it'll tell me when there's a truth and an untruth happening. There is a lot of dog energy around you, which is companionship, but I also feel like you have something with the animal kingdom. And birds too, there's a beautiful, beautiful eagle.

Marilyn Alauria:

You have clairvoyancy. To work on your clairvoyancy, clear-seeing, there's a beautiful eagle in this room that wants you to stand with it and walk with it. They said, "When you're walking..." Go for walks, feel the eagle feathers behind you. What does it feel like to align with that power? And then they're asking you learn a little bit about symbols; the symbolic language of your soul.

Marilyn Alauria:

What that means is, what does an eagle mean to you? Don't answer me right now, write it down. We all have memories or we all have feelings about symbols. We don't need to always look it up on Google. Actually, I don't think there's anything wrong with it, but I teach people how to read it for themselves.

Marilyn Alauria:

Now, with you, because they're giving me a lot of nature, they want a lot of nature around you. They feel like trees would be really good for you, just being around nature. And then they're like, "Can we just

get her to do some writing, do some journaling?" Also, doing some drawing, whether you feel you're good at it or not. Because they said that we want to tap into her creativity and we've got this, I don't know if it's shamanism or what exactly it is, but there is this natural type of energy that is just looking to boom out of you.

Marilyn Alauria:

I live around the Redwoods. I stare at Redwoods, but you have an oak tree inside of you. And it is just this magnificent, beautiful tree that is just growing up. Now, I'm a little bit dizzy, so you need to ground a bit because you've probably been playing in the spiritual world and you don't recognize that you're doing it, so that you might find yourself feeling dizzy or feeling ungrounded or feeling nauseous.

Marilyn Alauria:

Especially if you enter into this world, I would like you studying tarot. If it's animal cards, that's fine. I don't care what it is, but I want you walking in the world of... I don't speak dimension, so can you give me something else? They're giving me the fifth dimension, but I don't really do that kind. I can't get into why I feel that kind of stuff.

Marilyn Alauria:

They want you opening up to your intuitive psychic gift. They're like, "We are here to talk to you. We are here to speak to you. Open the box, open the box." So they said, "Don't worry about being good with it, just do it." So I want you studying clairvoyancy, I want you learning a little bit about animal symbolism and nature. You don't have to study things for 3, 6, 8 months.

Marilyn Alauria:

This is what's beautiful about Jennifer's membership too, because she brings in people from all different walks of life, so you get to taste all of that. But they said, "Just go and dip your toe in."

Marilyn Alauria:

They're unzipping your suit. You've had this suit on for the past 15 years, it feels like...could be five. Something might have happened 15 years ago, or even when you were 15. You put this suit on, they're like, "Unzip it. This is not who you are. And walk in the natural essence of who you are." So who's the natural essence? What's the direction?

Marilyn Alauria:

The direction right now for me with you is to study anything that is of another language, which is another realm, psychic ability, intuition, shamanism, nature. And they're like, "You don't have to study it," like they said, "for months and months and months, but it's like dipping your toe," to awaken the truth that is lying inside of you.

Marilyn Alauria:

You have this, it's not Sanskrit, but you have this antiquated language inside of you. It's almost like codes, I don't know if it's light language. It's not my thing. I have people that work with me that are in my communities that are open, they have their own light language. You have this language that wants to come out, but it's not going to come out unless you put pen to paper and you start getting out of your thinking mind and get into your creative soul. How do you feel with that?

Marilyn Alauria:

I have a pain in my left shoulder, it might be your right. You feel burdened right now. There's a lot of burden, and I want you to explore the creative soul so that you can start releasing. People wait to release the burden before they do the creativity, doing the creativity is going to release the burden.

Samantha:

Wow.

Jennifer McLean:

That was something, wasn't it, Samantha?

Marilyn Alauria:

Did that give you direction, Samantha? Because, honestly, I know people want to be polite. But I really want to know from you, Samantha, does that help you?

Samantha:

It helped me a little bit, but it's funny because I have this new job that I don't like.

Marilyn Alauria:

Go back and listen to what I said. You're so focused on what you don't like. And you think, "How could looking into nature or looking into learning clairvoyancy help me in my current position?"

Marilyn Alauria:

When I went into my gifts, and we all have them, it changed my life. I came home to my soul. I didn't know that. I didn't know that's what was going to happen. I came home to my soul, and I found my truth.

Jennifer McLean:

Samantha, something that you can do right now, which I wish I knew how to do back when I was in your position, which is, it's really hard when you're in something that brought up emotion, even, about how much you don't like it.

Marilyn Alauria:

You help, Jennifer.

Jennifer McLean:

And it's a new job, so it feels even worse in a way, but you can shift it. You really can shift it. You are very powerful, as Marilyn just shared. Powerful. You have gifts. A language inside of you.

Jennifer McLean:

If you can change your mind, change your belief.

PART 3 OF 4 ENDS [01:15:04]

Jennifer McLean:

Getting back to what Marilyn talked about earlier, about this current job. You can change the job and you can change it to the point where it starts funding. You change your mind about what it is. It starts funding this new stuff that Marilyn is talking about.

Jennifer McLean:

If I had known what I know now, and coached myself as I'm coaching you... I quit cold turkey, it was very traumatic. If I had known what I know now, I would've changed my mind about it. I would've changed my beliefs about it. I would've said that that's wrong and they're wrong and they're bad. And I would've said, "I'm powerful. I'm amazing. I'm incredible." I would've shifted my energy and created a new energy. And how I do that personally is by playing 'what if?' Which we played last night. And you can play it with whatever you want, so you can 'what if' anything to its opposite.

Jennifer McLean:

"What if I love my job?" could be a start. And I know your mind is immediately going to go to, "Are you kidding me? Do you know what my job is?" That's what my mind sounds like anyway. It gets very defensive. But what if I love my job? If you played with that every day, and just started having an energy in your field... Right now that energy isn't anywhere near there, right?

Jennifer McLean:

But even if you had an energy of, "I love my job," even if it was a fantasy and pretend, and you started to play with that, you are powerful enough to create a change in your job so that you could start liking it enough to allow it to fund your next. What does that feel like, Samantha?

Samantha:

Well, that's interesting. Well, I'm not saying like, "Oh, it's interesting." The thing that Marilyn said about the oak, when I go to work and I get off the train, there's this block that has these oak trees. And when I walk down this block, I feel... I don't know what it is. There's something on the block. But the 'what if I do love my job?' Maybe it's the right job for where I am now, the next step to it. Maybe.

Jennifer McLean:

It will show up. And it might be the job you're in. I don't know about you, Marilyn, but I'm actually getting that there's an opportunity in where you're at to shift it all to the point where you're actually liking it. And again, you're liking it enough so that it's just going to give you space to pay for what's next, what Marilyn was talking about.

Marilyn Alauria:

I want to add something. I'm so glad Jennifer said this, Samantha. First of all, talk to those trees when you walk down the street, don't expect an answer, just talk to them.

Marilyn Alauria:

And the other thing I'm going to offer is, I call it a bridge job and I teach people this. And it's what Jennifer said, you're struggling because your soul is, "This is not where I'm meant to be." And you have to commit to your soul and say, "I promise to find out where I'm supposed to be, but this job is going to help me to connect with you, to align with you, to find my truth, to come home to my soul. These are

bridge jobs that do pave the way for certain types of studies and classes that you can take. And don't worry about the end result, where they're going to lead, just if it feels good till you do it.

Marilyn Alauria:

And then, before you notice 'what happened to me?' this is exactly what happened to me. And it was like all of a sudden I had no idea. And I came home to myself. But I was a bookkeeper and I was doing a job that I hated, but it was paying me to study tarot, to study with certain mediums, to work with a therapist who understood channeling. It was helping me to do that.

Marilyn Alauria:

It's only because I see this all the time when people accept bridge jobs, you're afraid that you're going to go down a rabbit hole and never come out. Commit. I committed to my soul. I committed to myself. I said, "This is not going to be my life for the rest of my life, but I am going to take this time right now to allow it to afford me what I need to do in order to really align even more with my soul." Does that help you Samantha? Because it's what Jennifer said.

Samantha:

Well, I have a feeling it is a bridge job, but I want something better, I mean like most people.

Jennifer McLean:

Yeah, but you can't get better if you're complaining about what's wrong. That's the bottom line. Your belief is 'this sucks'. And if your belief continues to be, "This sucks", that's what you will create, my love.

Jennifer McLean:

You want to shift your beliefs into something like, 'what if this is a bridge job?' What if I actually love my bridge job? What if this is great? That's the pathway to change. The pathway to change isn't what's wrong and what's bad in life, which seems antithetical, right? And especially in 2022, as Marilyn shared. It's time for us to claim, to revisit, what are our beliefs? What do I believe in? We play with beliefs every single week, every Monday and Wednesday, Masterworks Healing. I strongly recommend, Samantha, if you can, to join us. Seriously. You're going to find a huge difference.

Jennifer McLean:

Secondly, I strongly recommend that you take the SASS program. It is at such a great discounted rate. This is Marilyn's program right here. She's going to teach you how to connect with your soul and start trusting yourself because right now you're not. I am at the effect of what's happening outside of me and what we don't realize is that we are in charge of everything that is happening outside of us. You are incredibly powerful. That's why Marilyn was telling you about all these amazing gifts.

Marilyn Alauria:

Which you couldn't even hear.

Jennifer McLean:

Yes. I want you to listen to this again, Samantha. We're going to move our attention onto someone else. How are you doing?

Samantha:

I'm okay. I'm going to listen to the replay and the whole thing.

Jennifer McLean:

Good. Awesome, Samantha. And you've got this, you really do.

Marilyn Alauria:

I believe in you, Samantha.

Jennifer McLean:

I do, too. I would love to hear your voice on here again, if that's a possibility. No worries if it isn't. No pressure for any of you, really. If you want to join, join. If you don't, don't, it's all good. We're good here. We love new members and we're just here to help make a difference. And we are very confident that this membership makes a difference.

Samantha:

Samantha, would you pick our next person from 1 to 224?

Samantha:

Can I just say one thing before I choose someone?

Jennifer McLean:

Sure thing.

Samantha:

I just notice with the birds - I get birds that visit me all the time. I had a hawk land right outside my window.

Jennifer McLean:

Aw, great. That's really great. Yes, you're connected. There's no doubt about it.

Samantha:

The next number. Believe it or not, I'm going to pick 224.

Jennifer McLean:

224? You want to pick the last number?

Samantha:

Yes.

Jennifer McLean:

Great. Thank you so much, honey.

Jennifer McLean:

Before I go to that, I want to really talk a little bit more about the SASS program, Marilyn's program. You can go to [www.marilynalauria.com/sass22](http://www.marilynalauria.com/sass22). Marilyn's SASS program is super cool. It is super, super cool. SASS talks about subconscious awareness, which is a way to reframe your thoughts and learn to say, "No" to what you no longer want to do. Many of our subconscious thoughts are actually running the show. We can now stand in a new state of power. She's going to show you how to do that.

Jennifer McLean:

The second thing is to align with your soul, to start remembering who you are instead of grieving what you haven't achieved. And this is an unbelievable ignition that opens doors to new possibilities. It is like a miracle, I'm not kidding. This is for freaking real. And I'm sorry, I'm so passionate about this... No, I'm not sorry. I am definitely very passionate about this because I teach a program that's different than how Marilyn does it, but I have seen the most incredible results from hers and mine. Many of us are getting the same information right now at this time. And it is so important what she's teaching here.

Jennifer McLean:

The next thing is soul ignition, which has gained a whole new operating system for how you live your life that is rooted in who you truly are. It's time to light this thing up, guys. It really is, guys and gals.

Jennifer McLean:

And then finally, synchronicity. Trusting that the universe is supporting you and giving you signs and information and insights that you see and go, "My life has become so many synchronicities." Things out of the blue are just like, "Validate. Validate: validate: validate. Validate." When your soul aligned, when your soul ignited, and when your subconscious awareness is more in your conscious awareness. This is her amazing program.

Jennifer McLean:

This is a fast track to your soul. It consistently transforms participants and real breakthroughs happen with ease. How cool is that? With ease. It's not meant to be difficult.

Jennifer McLean:

This is for you if you're ready to fast track your connection with your soul and your guides and the life that is meant for you. This is for you if you're ready to learn to make decisions that bring you greater success in life. Decisions that you can make now with confidence and trust. This is for you if you're ready to start seeing the signs and symbols and follow them and let them lead you to then bring you things you desire with ease.

Jennifer McLean:

This is for you if you're ready to start feeling, accessing, and remembering the joy that you are and remembering joy of your life, and then do things that you love and a lot less things that you don't love.

Jennifer McLean:

Even if you do, or are doing things you don't love, changing them, changing your mind about them like we just talked about. And then this is for you if you're ready to find and remove the places where you've been feeling stuck. It's a really cool, beautiful program, as you can tell. Marilyn is an amazing coach and

trainer and you can experience something really profound. It's interesting, I've promoted this program before, but this year feels so relevant for this program.

Jennifer McLean:

Any thoughts, Marilyn, about the SASS program?

Marilyn Alauria:

Well, it's such an incredible pillar system that was given to me by my guides that I literally will use throughout the day. What you're going to get is you get these really great videos that you get to watch. They're not really long. It is action-oriented steps that you're going to take. You're going to watch something that is 20 minutes long, if it's even that long and then you're going to get homework. I don't do free Facebook groups, but when you purchase this program, you're going to go into a Facebook group for a period of time. I'm also going to be doing a soul session, which is what people love, in which you're going to meet with me on Zoom and do an intimate session. You're going to learn how to channel. I teach people how to channel the way I channel. It's a session that you'll do and then you'll get the Facebook community, as well.

Marilyn Alauria:

I don't know how long you'll be in the Facebook community because I do have a specific way that I work. But the thing that I want to share with all of you is that SASS is an incredible pillar system. People have gone through the SASS experience and they have changing results after the first video. I'm not blowing smoke up anybody's butt, I'm amazed. This was given to me and I'm amazed at what it does to change people's lives. I really invite you, if you feel you're interested in it, take that chance and do it. You're going to love it. I don't even have a question about that.

Marilyn Alauria:

Whatever you're hesitating with, find out why you're hesitating, go into that belief system and figure it out. The same with Jennifer's program because the one thing that I see people do repeatedly, and I really am going to ask you to stop this year, is people want change, but they don't pull the trigger, turn on the switch, to create that change. They don't invest in themselves. I don't care what that is. It could be running five miles a day, whatever it is, you've got to take action in order to create change in your life. For me, I have to invest in myself because I am worth it and I wouldn't be where I'm at today, had I not invested in the years of therapy I've done, the dream work and all the different classes I've taken.

Marilyn Alauria:

Unlike Jennifer, I'm not attached to any of this, it's whatever's best for you. I'm not a sales person like that. You'll know what's right for you. And another thing SASS will teach you is how to know what's right for you, but you'll know what's right for you. The thing I want to leave this conversation with, is stop sitting on the fence, make a decision and then do that thing that you need to do. Whatever is speaking to you, invest in yourself because you're worth it, because this scarcity/lack/fear consciousness has to go.

Marilyn Alauria:

I've been working so much on mindset and it amazes me. I just have to share this real quickly, because I was very insecure with a lot of things and I've had to work a lot on myself. The other day I was in the kitchen, I wasn't doing anything, I wasn't having a bad thought or anything. And this beautiful pride in



myself from the inside out washed over me. And I'm a girl who grew up in trauma, man. I was called a loser. And I was like, "Holy mackerel... This stuff..." It was such a beautiful experience. And that is what I feel. I really want people to believe in themselves and love themselves.

Jennifer McLean:

Well thank you for that. And I do recommend SASS, it's a really cool program. Every so often, she joins us, she's one of our fill-in contributors. We're always delighted because there are extra weeks during the year and she usually fills in.

Jennifer McLean:

One thing I want to point out is what Marilyn is sharing here is that there's a number of you that have mentioned about what's wrong with your life. That's what you've posted in the form there, "This is all that's wrong and it's terrible and it's bad". I want you to just notice it. Just take a moment and notice it because that's an energy, that's simply a revelation of the energy of where you're at and you can change that. You can change your mind about it.

Jennifer McLean:

One of my practices that I do all the time is whenever I'm down I say, "Oh my God, I can't believe this is happening." And then I 'what-if-it' into its opposite. You can do that. You can do that right now. What if I were happy in my job? What if I were happy in my marriage? You'll notice immediately that your mind will just try and reject you often because you're probably deep in that hole. What if I'm not stuck? And your mind will go, "Well of course you're stuck. Look at all the evidence." Notice that that's your mind. That's the subconscious part of SASS. That's your mind telling you some lies, some falsehood.

Jennifer McLean:

You have the power in this very moment to say, "What if that weren't true? What if I were at its opposite?" And start playing in a frequency of possibility. You can do that right now. All of those hundreds of people that shared with me what's wrong with your life. You have a chance right now to change that right now. And if you get nothing out of predictions, take that. 'What-if-it' to its opposite, change your mind about it and do what Marilyn was talking about, investigate, check out what your beliefs are around it. Take an inventory. What are my beliefs around this? Change those beliefs, and again, Marilyn shared so clearly that 2022 is about that.

Jennifer McLean:

I'm not sure how are you feeling, should we take another session? That felt like a session in itself.

Marilyn Alauria:

Well, it's up to you, Jennifer. It's your call, but I do want to say, read the predictions because it's all about perception change, which Jennifer was talking about, which I love. It's whatever you want. You have COVID, you're not feeling well, this has been phenomenal. I'm here for you and I'm here however you need me to support you.

Jennifer McLean:

I'm going to trust your insight here and we're going to just finish this here. I'm ready to go back to bed for a little while with my little COVID diagnosis, but I am so energized by this amazing community.

Jennifer McLean:

Thank you, Marilyn Alauria. Go check out SASS if you haven't already. Tomorrow night is the wonderful Christy Whitman. Christy Whitman channels The Council of Light.

Jennifer McLean:

Thank you all for being here. Thank you, Marilyn. That was such a great and powerful session. I really enjoyed it. Thank you.