

Predictions Week 2022

Day 3 – Healer & Channel
Christy Whitman

TRANSCRIPT



Marilyn Alauria Psychic Medium / Prophecies by Month for 2021	Dr Robert Pease Renowned Numerologist / Numbers for 2021	Dee Wallace Channeller / Healer 2021 Prophecies / Famous Actress	Laurie Reyon Animal Communicator / Whales & Dolphin Messages for 2021	Keri Fulmore Medical Intuitive / Health for 2021	Elizabeth Harper Psychic Healer Color Specialist	Tori Harman Oracle Reader / Psychic / Spiritual Teacher	Thomas John TV Show on OWN Celebrity Medium	Brian Seth Hurst Crazy ACURATE Psychic	Mary A. Hall Healer, Abundance Coach / Abundance Healing for 2021	Christy Whitman Channeling The Council Of Light (WOW!)
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Jennifer:

Hello everyone and welcome to Predictions Week 2022. Well, first of all, we made it to 2022. That in itself is amazing, isn't it? Secondly, here we are on day three and we are going to have so much fun. The Council of Light is with us and with Christy Whitman. The Council is so much fun. Christy Whitman is amazing and it's no wonder that Christy channels through the Council of Light because she's an amazing, amazing, amazing soul. Before I officially announce Christy, I do want to mention that all of the speakers here are part of Masterworks Healing Membership Site.

Jennifer:

I'm excited to share that one of our members actually reached out to me today and said, "My guides just told me that it's time to increase the price for Masterworks Healing." My guides had told me in December that I have to increase the price of all of my products. It was then validated by two separate coaches who separately, in an unsolicited way, told me that it's time to increase the prices of some of my products. Part of what my guides are sharing is that the value exchange is not correct any longer. That the vibration is so high on some of my programs that the value exchange has to match. The value exchange in our world means money, finance, investment. Then amazing Judy came on today, she's not here yet, but I will open the line. Judy wants to say a few words.

Jennifer:

Judy reached out to me, she's one of our long-term members and she's also one of my number one STT certified practitioners. She said, "My guides said you have to increase the prices." This is how spirit works, this is how synchronicities work. With that, on February 1st, we will be increasing the prices. I have updated the sales page to reflect that. It's going to go from \$24.95 a month to \$29.95 a month, and from \$187 a year to \$227 a year. By the way, we have not changed the rates in 10 years. And as my amazing site administrator, Melissa Shuton, who manages all our sites, said, "This has been a steal, oops, I meant, deal for years." I think she's right.

Jennifer:

Some members go for a year, for months without receiving and then suddenly they'll get called all at once. In two, three weeks, they'll get called two or three times. We trust the process and as members who have been with us for a while, they trust the process too, so look for that. Members don't panic, we are not raising the price for you, it's only for future customers, okay?

Jennifer:

I'm sorry, I'm talking a long time about this. I'm kind of excited because I wasn't listening, I was hesitating. My guide said, "Go get someone else to tell her." He meant though he had already told me to raise prices across the board, I hadn't really thought about the site, so I'm grateful for Judy for that. Judy is one of our long-term members and she wanted to share a little bit about her experience with Masterworks Healing. As soon as Judy is done, we're going to dive in with Christy, so here's Judy. Go ahead, Judy.

Judy:

So glad you listened. Just to talk about last night, Marilyn said something about, if you're going to invest and invest in yourself, do it with ethical people. Go get your tarots done, go do reflexology, go do astrology, but make sure they're reputable. The one thing I really want to add to what she said is that everyone on your site, all of your guests on Masterworks Healing, are ethical and reputable. They tell

people the answers are within, and you can listen to one call in a year and take notes and do for yourself what people were told to do on the call and expand who you are, get in touch with your angels and your guides in life. The one thing that I love from you, Jennifer, is that you say that "life happens for us, not to us." That was one of the biggest game changers, because instead of reacting to things, I respond and it's so different and I see the aha's. I'm really excited you're matching your worth with what you're worth and encouraging everybody else to join.

Jennifer:

Yes, thank you, Judy. Thank you so much. It's something that we do share, that just one session a year actually pays for your entire membership. It really does because you can get so much out of just one session, but you don't have one session. Even if you came to six. Some people have busy schedules and only make six a year, that's it. But what they get in those six are worth their entire annual membership. Most courses are about six sessions for far more money than what this is. Most courses.

Judy:

And you get the replays.

Jennifer:

And you get the replays, you get the downloads, exactly. On top of that, you've got all your workshops. Have you ever done Alison Armstrong stuff? Alison's Workshops in the workshop area?

Judy:

I have not. Like you, I'm afraid of relationships!

Jennifer:

That is a really powerful thing to do to help you with men. Seriously, it changed my life. It's why I did this six-video workshop. I paid like a ton. I paid, I think, six figures to record these. They are high quality. The studio - we had a live studio audience, and they were incredible. It's called Alison Armstrong. It's in your workshop, just look up Alison Armstrong. I also have Understand Men With Jen, there's Transformational Fitness, there's Sound Vibration. Those are workshops that each individually are worth more than your entire annual fee or your monthly fee combined. Those alone, each individually, are that. Now you have all those, plus you get these live shows. Again, thank you Judy for the nudge, thank your guides for the nudge. That it was important for us to make some changes in the value exchange. I am listening and I say that, "Yes." Thank you, Judy.

Judy:

I think if people look at their credit card receipts every month and see how many lattes they're buying or how many drive-throughs they're going through, that they're really not needing, that'll pay for it.

Jennifer:

That'll more than pay for it.

Judy:

Easy.

Jennifer:

Right. Yes, thank you for that insight. Judy, I love you.

Judy:

Thanks, let's get going.

Jennifer:

Okay, let's get going. Christy Whitman, of course, is with us right now. Christy joins us every month on Masterworks Healing. She is a transformational leader, bar none. She's a master certified coach, she's an energy healer, she's a *New York Times* bestselling author. Christy is also the channel for a group of ascended masters called the Quantum Council of Light, otherwise known as the Council. Affectionately known. She teaches classes in meditations and gives healing sessions with these beings of light. Her private and group sessions with the Council, including what she does here in Masterworks Healing, are always enlightening. They're very deeply life-altering and they have healed a number of issues. From pain in the body, migraines, dis-ease, disease, emotional instability and traumas, and mental confusion. Clients and members walk away feeling that they have been love bombed.

Jennifer:

Love bombed, it's for real - you're going to feel. It's already started actually. It is really a home to our own divinity that lives within each of us, that they remind us of simply by being in their presence. Get ready to experience a little bliss-joy right now. Again, I said this last night and I'll say it again. I still am in a state of slight disbelief that Christy Whitman is a regular contributor of Masterworks Healing Membership site. My heart just flutters when I say it. Welcome Christy Whitman to Masterworks Healing Presents Predictions Week 2022. It's awesome having you here.

Christy Whitman:

Hey, Jennifer. I'm so happy and you pump me up so much, I hope I can live up to the hype.

Jennifer:

Well, duh.

Christy Whitman:

Duh, of course. Before we get going, how are you feeling?

Jennifer:

Every single day I'm doing a little better.

Christy Whitman:

I like that.

Jennifer:

Every single day I'm doing a little better, yeah. I take naps during the day in preparation so that I have energy for these shows. Then I get energized by the speakers and the audience at night, so it's a good combination.

Christy Whitman:

Well, great self-care, good on you.

Jennifer:

Yes ma'am. Anything you want to share before we bring the Council in?

Christy Whitman:

No, I'm just so grateful to be part of Masterworks Healing. Thank you for always inviting us back because it is really such an honor to serve your community. I'm very very busy, as you well know, but whenever my friend Jennifer asks me to be part of it, I just drop everything and make sure that I'm here. I am really appreciative of your invitation.

Jennifer:

Thank you, Christy. Well, we are definitely honored to have you that's for sure.

Christy:

I'll go get the Council.

Jennifer:

Thanks Christy.

The Council:

We are here. Hello, dear one.

Jennifer:

Hello Council, so delightful to welcome you to Predictions Week. We have a huge audience that's really anticipating hearing your wisdom, so welcome.

The Council:

Well, we are very grateful for the invitation. Always happy to be with you and your conscious group. You attract a beautiful following of Light workers and this is our jam, so to speak. We are grateful to be with all of you.

Jennifer:

Oh, we're grateful to have you. What thoughts, predictions, insights, wisdom do you have for us about this amazing new year, 2022?

The Council:

Well, it really is always individual as we always say, and it is a year of manifestation. If you look at the last previous years, there was a lot of releasing. For those of you that have been doing conscious energetic work, which is all of you here or you would not be in Jennifer's community, all of you have been pre-paving for what is the letting go, the releasing, being aware of what is coming up for you, so that you can be primed to manifest the things that you desire. As you look at the phases of manifestation, you've been in a phase of attracting, allowing and bringing in energy, and this is the year

for the pops. There has been a lot of relief, a lot of awareness, a lot of shifting, a lot of transformation. With all of that, the new energy comes in for what you want to experience, to move back into your original divine design of wellbeing, and love, and success, and abundance. All of this is a cellular structure in your body, in your soul body, in your whole entire blueprint of you as a human being.

The Council:

As long as you are consistently aligning yourself with your divine design and paying attention to when the mind tells you the opposite of your divine design, when your emotions are making you aware that you are not in alignment as you deliberately shift and choose, become bigger than your mind, become the awareness that you are more than your physical body. That you have emotions, but you are not your emotions. When you realize who you really are in the energy body and the multidimensional and all the different dimensions that you live in, well then you are manifesting king and queen. Because you understand that you are an energy receiver, you have the divine source available to you, like a treasure chest above your head. You get to command energy, you get to say, "Okay, I am done with struggle, and drama, and chaos, and lack, and limitation, and all of that nonsense that just does not feel good. It is not the truth of my original nature." You get to have that awareness, the presence, the awareness that is your life force, that is breathing you in any moment.

The Council:

You get to call upon it and say, "You know what, divine, I would like to experience you today as the frequency of joy." Then you put yourself in the receiving mode and allow that joy, or whatever essence you choose, to expand your entire human container and beyond. Then transmitting from the words that you speak and the thoughts that you think, and the perspectives that you hold, the emotions that you are willing to feel and process, and then everything that you do, the actions that you take in this world, in this life, it all energetically will reveal back to you what you have been vibrating. This is your universal law. Many of you know it to be law of attraction, what you send out comes back to you. But understand, it doesn't just start with what you send out comes back to you. What are you connected to? What is fueling you? What is sourcing you? If you are looking to be sourced by another man or another person, another woman, a child, your boss, your clients, you can only get so far.

The Council:

Because anything in this lifetime that is a 3D cannot source you the way your divine breath, divine power and wisdom and love can source you. Which is unlimited. No matter what you are desiring, the source has that energy for you to receive in and expand and let that be your dominant vibration so that the energy moves in front of you, so it feels like you are on a fast moving stream instead of having to, like Fred Flintstone, drive the car with your own feet. You have a motor to do that. You have the divine that moves out in front of you and guides and directs, flings open doors for you. It is time to learn how to be your own energy master because it is through energy mastery, when you understand how to bring in energy and connect with that energy, that you are not affected - you are neutral to other people, places, things. This is even the empath, understanding how to bring in energy and utilize that energy instead of having to bring in energy just from your environment.

The Council:

This is the way of 2022. This is the way for those that are conscious to awaken to the true wisdom, power, and love that you are partnering with on a daily basis, whether you are aware of it or not. But if

you are breathing, what is breathing you? It is your divine original nature and this is our prediction. That more of you move into more of who you really are.

Jennifer:

Woo.

The Council:

Woo indeed. It is exciting times. You look at your environment and can say, "Oh, look at the troubling times. Oh, the people have gone crazy. Oh, there's so much division." Yes, this is contrast. To look at the contrast and point at the contrast and say, "Oh, that contrast is wrong and I really wish that contrast would be different and I wish they would be different. And if they could just change and I could be at peace." No, you're more powerful than that and it's time you awake into your power. That you can look at contrast and say, "That is divisive and it doesn't feel good. I want move into oneness, expansiveness, connection." You always have a choice in what you focus on.

The Council:

And even though you have contrast in your lives personally and collectively, you all have the ability to be a channel for a new, higher, more positive vibration and, therefore, reality.

Jennifer:

I'm trying to capture all that. That was just so great. Am I feeling this correctly? As you're speaking, it feels like the Council itself is almost supporting all of us here tonight and those on the replay in this new framework of energy. Is that true? I'm feeling like I'm buoyed up, like my heart is opening as you're speaking. Am I feeling that correctly?

The Council:

Well, yes. This is what Council always brings. Christy, the one that you all call Christy, the one we are speaking through, has to keep her vibration very high and we keep her in check and keep her in alignment because we have to lower our vibration and she has to increase her vibration in order for there to be a channeling connection and, like the divine in all of you, will never agree in lack and limitation. We do not see the sickness. We do not see the lack or the perceived failures or the fear. We hold the highest light. We are, as of right now, on the planet some of the highest descended masters that come into a human being and express. And when we do, you can feel like you do, Jennifer, every time, the sense of immediate expansion. You personally know Christy and she vibes really high, but there's only so much she can do from a human perspective.

The Council:

When she brings in the Council and you invite us to come in, we are multidimensional on many dimensions. We are with you in the room you are in. Hundreds of you on the call surrounding you. We are energy. We are divine intelligence. We think, if you will, like your divine does. So, we hold each of you in the divine design where you are thriving and feeling good in your life that you have everything that you've desired already in completion, that every concern you have, that concern, that issue, has already been solved in the realms of energy. So, yes, we bring with us pure, pure potentiality of your highest expression of you.

Jennifer:

So, all the issues are already solved in the realms of energy when we bring our conscious attention to it, and, as you say, when we focus on lack and limitation and fear and failure, can we then kind of override that solution energy?

The Council:

Absolutely. It is where you put your focus. When something happens, we like to call it a bushwhack. Something happens, you get news or someone insults you or you hear of someone transitioning, or you hear some government worker saying something that is very divisive, or you get news of some other blah, blah. When this contrast that does not feel good, it gets your focus and then you feel bad, all lower level. We're not going to say negative because all emotions are useful and important, but the lower vibrating emotions, when you get it in a spiral, whether it's a mental spiral or an emotional spiral in these things that you do not enjoy, do not like, do not appreciate, fear, worry about, that's on a certain vibration. The divine doesn't go to that vibration. The divine is already knowing. Well, let's put it this way. The divine is the great knower. Before you are even perceiving that there is contrast, the divine has it solved for you and has all the next steps available.

The Council:

The human being doesn't know that, but that's where your faith in what and who is breathing you, that part of you, your divine breath is there for you all the time. The energy is always there for you all of the time and solutions that your human mind can't even conceive of are already being worked out on your behalf.

Jennifer:

Good relief.

The Council:

It is truly. If you all had more faith in what is breathing you, what gave you life, your very breath. You all take it for granted that when you breathe in, you will have oxygen, air. You just assume it, much like you do with water. If you're thirsty, you know that not far away is water for you to drink. When you understand that you don't even have to get up and get a glass of water, you just sit there and breathe. That is your vital life force and what comes with that breath is the promise, the blueprint of your body. No matter how many times you've thought of sickness or dysfunction or disease, your body is designed to be in wellbeing and has the ability to come back online with that divine design. That no matter how many years you spent in the perspective of lack and struggled with money or other things, that you can come back online and align yourself with abundance and that abundance in your life that forms in your life must shift with that vibration.

The Council:

It doesn't matter how long. It doesn't matter how many decades. It doesn't matter how many years you resisted love. When you decide to be back in alignment with your divine love, pure, positive, highest vibration on the planet, things shift immediately. This is like pushing a reset button. You all, as human beings, get very excited about your new year because it gives you hope and it gives you an understanding that, "oh, this is new." We will make new year's resolutions and we will go to a gym and we will eat better and we will stop drinking and all these things that you tell yourself you are going to do

because it is the idea of a fresh new start. You all like the idea of a fresh new start. Every single moment that you are breathing is a fresh new start because it is the presence where your divine is breathing you.

The Council:

It is in the presence where you, in your free will and choice, can choose to bring in a different energy and when you start to shift into joy instead of sadness, when you shift into abundance instead of lack, when you shift into love instead of fear, when you shift into wellbeing instead of illness, in the moment you shift, all of your power exists there and that's your reset button. It's January 5th already in the calendar of human time. A lot of people have already messed up, said they weren't going to eat sugar and ate sugar, said they weren't going to drink and they drank, said they weren't going to complain and they did. They've already done that. They figure 'I've blown it already. Let's just go to hell in a hand basket for the rest of the time'. No, you have that reset button now to choose the energy, to choose who you want to be, and choose what you want to experience, and choose your deeper, energetic, spiritual connection. It's now. Imagine a big old reset button right in front of you, take your hand out, and push it. Right now is the first day of the rest of your life. What we do with it.

Jennifer:

Amen. Whoo! I feel like I've been preached to. Thank you.

The Council:

Our pleasure.

Jennifer:

Thank you, Council. Feels like there is this a sacred pause here that happens often in your calls. Like there's a little still point of transformation as people receive this information. So, if your mind is saying, "yeah, but what about, yeah, but what about, yeah, but what about, yeah, but what...", " just calm your mind right now and just move into the energy that is present here right now. Just take a moment, breathe into the energy that's here right now. Even if it's an inkling, tap into that inkling of divine love that's here right now that the Council is gifting us. Watch your mind go into that cycle of, "yeah, but what about, yeah, but what about me and what about my life or what about what's happening or what's wrong and that's exactly what they're talking about." Someone said, "What if I'm a trauma survivor? What about anger?" Just notice that, that's your mind. That's my words, not the Council's words. But that is the lower vibrating energy maybe and the Council would say something like that.

The Council:

Well, the mind. Yes, your mind. You all have your minds and it's your mind's job to say, "yeah, but what about", because it wants to make you different. It wants to separate you from the universal expression of what we have just spoken about, the universal truth. Your mind wants to make you special and different, and your mind has its own category. It has its own catalog, if you will, of past experiences and your future experiences. Unless you deliberately shift and bring in a different vision and a different energy and create a different decision and set that reset button, your mind will continue to create what you've been living over and over again. Unless you listen to the mind and say, like you were saying, Jennifer, the "yes, but....". Listen to the "yes, but..." "Okay. I hear you, Mind." Because it is its job to scour the universe and look for all the ways that you can't change and all the reasons why it's safe to stay where you are.

The Council:

And even though sadness, frustration, disappointment, anger, worry, fear and shame, all of those feel very crummy, you have an energetic relationship with them. It's time to break up with your old energy vibration if you want your life to change. You need to break up with that old energy, get rid of that old bomb and enjoy what you decide you want to experience because of the full spectrum. Imagine living your life because it's designed to be this way, where you are thriving and feeling good, where you literally a walking prayer of gratitude, where you are a channel for love and an expression of love, where you get to feel giddy in your life because you have bubbles of joy coming out of you, where you get to feel the excitement of being a co-creator, being creative, that feeling of 'Mmm', what it feels like to create. You are a creator. Mmm, the desires, allowing desires to birth out of you with enthusiasm, with joyful expectations. These are the energies and, even beyond that, feeling just a sense of fulfillment, feeling a sense of peace and harmony, feeling that sense of connection. Satisfaction is far better than all of those other emotions that are based in lack and do not feel good.

Jennifer:

Thank you for that burst of additional support energy there and I have tears running down my face. Oh wow, it's beautiful. It is all - the harmony, the connection, gratitude, a walking prayer of gratitude, channel expression of love, excited to be the co-creator, rejoice in the creation. Thank you for the extra energy for us to actually feel that and I'm noticing that there are some people in this audience that have been having a lot of challenges in the last couple of years, that there's an inkling of an energy here for you. That hasn't been a template that you're familiar with. Get familiar with it. Get familiar with the energy that's here right now for you. Breathe it in. As I said a moment ago, breathe this in. There is a beautiful shift happening. Whoo! Wow! That was great. Thank you, Council.

The Council:

Our pleasure, dear one.

Jennifer:

Whoo! It's so powerful. Okay. We're going to go into some session work. You can ask the Council questions about your life. Ask the Council questions about what they just shared and we're going to try and get to as many people as possible. Write down what you need and require, what you'd like some support with, and then as the Council gives some information insights that really ping in your field, you will have your own reading from what they're sharing. Boy, my cats are super activated right now. My little boy Saul has his head right against the microphone.

The Council:

We have that effect on animals, all the cats and all the dogs. When we are doing Zoom, it's funny. Christy comes back in and sees all of the animals. It's like Noah's Ark.

Jennifer:

That's beautiful. Take this small action right now. Put your hand on your heart and repeat these exact words to yourself after me and hold a little intention right now of commitment, connection, presence. Even a little conviction as you say these exact words to yourself. We're going to bring this intention into the field. Say to yourself, "May the perfect people be chosen to work with the Council tonight so that I receive at the highest levels." There we go. That was a really good intention set. The field is set. Even

those who are listening on the recorder later are aired on this. We've got you. Council, would you pick a number from 1 to 224?

The Council:

7.

Jennifer:

Okay. Going to call in number seven and that is in Michigan. You're on the air.

Peg:

Hi there. I'm Peg.

Jennifer:

Hey Peg! How can the Council support you?

Peg:

Well, I'm overwhelmed and excited.

The Council:

Peg, we want to just say hello to you. Get you in our field. Say your name again please.

Peg:

The whole name is Peggy Alberton.

The Council:

Okay. We just needed your first one. We got you. We want to say to you and to everybody out here that you may not have the same situation or circumstances or relationship issues that Peg might present with, but we speak universally. So, plug yourselves in, don't disengage, keep yourself engaged because there is so much here for you. Everything is energy, everything is universal, and we speak universal truth. Now that we've laid that for everybody, Peg, what is on your heart tonight?

Peg:

There are actually two things, but the first one is my relationship with my middle daughter. Do you need details or do you want me to just go forward and talk?

The Council:

Go forward and talk and we will ask more details if needed. We see you in the field and, just to be mindful, we cannot go into her field because she is not here, but we do see her in your field. So continue. We'll ask more questions as we need.

Peg:

Okay. I understand. She and I recently had a conversation because there have been some issues with us over the years. I feel like we had a really good breakthrough, at least on my end. I know it's not over and it's not completed. In that conversation, she was revealing to me that they have purchased a condo for

me because I'm low income and they want to move, but they have to sell the condo in order to get a farm that they want to live on. I'm wondering if I have to move with them if I can. I'm not feeling like I want to, but I'm not completely clear on that. So can you give me some guidance?

The Council:

Yes, dear one. Well, what we will tell you is this. There are many other options. It's not one or the other and we would suggest before any of you make any decisions on anything, sit in your center of yourself and ask yourself, if you could create what you really wanted, you could have exactly what you would love. What would that be? And when you start to think about it, and you can even take out a piece of paper and a pen and start writing down some options - stay where you are, move with them, go somewhere else, bunk up with a friend, all the other different options, live on a park bench, still a choice, not usually a good one, but it's a choice and you could list out all of the choices that you have. And the one that really pulls at your soul, that one that you feel really connected with, it will jump off the paper.

The Council:

But then the mind wants to go, "Well, I like this option, but I don't have..., I can't do..." And it is where you are breathing and what is breathing you is infinite potential and, well, divine. There are no limitations. Even though the personality might say, "I'm low income," the divine doesn't know anything about low income. The divine is abundant and has an abundance of avenues and ways for money and resources and houses for you to choose from. There is an abundant universe and the moment you say, "Ah, this is my situation and I cannot do that because I am this," when you identify yourself as low income or lacking in finances, you create from your consciousness pure divine, which is breathing you, which is pure, positive energy. There is a treasure chest above your head of all things that you could possibly need and want and desire, but that energy must go through your own consciousness.

The Council:

If your consciousness is focused on what has been and what represents lack, that is what will continue to be created. You must shift the mindset. Yes, the reality for you, the way you've been living, whether how many years of momentum in that place, you have the ability to shift. You must believe that you are abundant. You are an extension of abundance. You are created in abundance and as you even just shift the thought of, "Well, I can't because I'm la-la..." As you even shift that language to say, "I am open to all the abundance that the universe has for me," you've opened up. Now, you have even more solutions and it is miraculous. We see this all the time.

The Council:

Things can turn on a dime when you are willing to shift the reality by shifting your energy.

Peg:

Oh wow. I understand.

The Council:

Good. Write out all your options. Feel your way into what feels the best and then start your faith process with the divine. Say to the divine, "Show me, guide me". You said there was something else.

Peg:

Well, you answered it. The core. I didn't realize that. I thought it was the relationship that was a little bit of a block because we have some more work to do, but it actually was the lack of my belief and the lack of money.

The Council:

Well, here's the thing for a lot of people. You can rise above a lot of things, but when it comes to money and the fact that money is very real in that you need this money in order to exchange it for a place to live or things to wear or things to eat or to pay whatever it is that you are needing, whether it's heat or air conditioning or whatever is happening, it is the money that pulls you down and keeps you stuck because you are letting money, or lack of money, determine your consciousness, instead of you understanding that you are the master of money instead of letting money master you. Money is energy. The wonderful thing about money is that, unlike another human being like your daughter, money doesn't have an opinion. It doesn't say, "Hm, we don't like Peg, but we love Jennifer. We are going to flow money to Jennifer and run away from Peg".

The Council:

Money doesn't think, it doesn't have a consciousness, other than it gets attracted to those that welcome it in, and it gets repelled. It's like a cartoon - running away from those that say, "I can't afford it". So if you want more of those little soldiers called money, welcome them in. How do you welcome them in? By what you say, what you think, what you perceive or believe, how you feel, what you do. Open up your energy field to be higher to the energy of abundance and welcome it in. What would money mean to you if you had all that you needed? How would you feel? Free? Secure? What? Then cultivate that emotion. Don't let money decide how you will feel. Feel and attract money.

Peg:

Yep. You nailed it. Thank you.

Jennifer:

Beautiful. Many of you needed to hear that. That was good for a lot people. That was good for me to hear. Thank you for bringing that information forward, Peg, really appreciate it. Hope you're going to join. Love to have your energy in this community. Thank you. Peg, my love, would you pick our next person from 1-223.

Peg:

72.

Jennifer:

72, perfect. We're moving to call number 72. It's Mount Vernon, Washington.

Lydia:

That would be me. My name is Lydia.

Jennifer:

Hi, Lydia. I'll pass you over to the Council.

Lydia:

Okay.

The Council:

Hello, Lydia. What can we do for you tonight?

Lydia:

First of all, I'm 82 and I don't consider that old, but I am still 82. My son passed away a year ago today, actually. I suffer from fatigue. I know I have more to do, but the fatigue keeps getting in my way. And so I would kind of like some help to deal with fatigue and inertia.

The Council:

Well, dear one, we are sorry for your perception of human loss. And we say it that way, because now you have an angel by your side in an even deeper way and your son has transitioned back into pure positive energy.

Lydia:

And I know that.

The Council:

Yes, but you did bring him up. And so, because you did bring him up and did not connect the dots, we see the dots. Part of your fatigue is the mourning and really allowing yourself to feel the sorrow and letting that energy release out of you, really letting yourself process and grieve in a deeper way. We suggest, first of all, all of you, no matter what your situations are, bring in the energy, feel the energy, ask your divine for the energy of compassion.

Lydia:

I have compassion.

The Council:

Yes. Bring in the energy of compassion. Remember Lydia, we are thinking the world of you two. So bringing in the energy of compassion, then putting your focus and your attention on your belly, on your emotional body. And you can put your hand on there, or you can constrict your abdomen and allow yourself to just feel what is in the abdomen. This is much deeper energy work to be able to feel the pulsation of what is inside of your emotional body. And much like a surfer in the ocean, waiting for a wave to come, the minute you start to feel the pulsation of energy in your belly, you can then ride that wave. Imagine jumping on that surfboard and riding it all the way to the shore.

The Council:

When you get that vibration and you start pulsating with it, it takes about 90 seconds to actually process and release the emotion. And once that emotion has been pulsated out, you're doing well, you can go a little bit deeper and a little bit more intensified. Once you allow that to move, that's energy moving out of you. Now, because you release some stuck energy, because you are feeling fatigued and you will want to feel energized, you want to have your vitality back, ask your divine self to call in, to bring in the energy of feeling expanded, to feeling revitalized, feeling energized.

Lydia:

That's an interesting way to put it.

The Council:

Well, you are connected to your life force, or you would not be alive. And that life force has been with you when you first took your first breath and it will be with you until you take the last breath. You have an opportunity to call in that energy and whatever energy you want it to be. Christy actually got off coffee doing this, because she used to tell herself all the time, "I'm exhausted. I am tired, I'm exhausted". And she would tell herself this and then would need to go drink some coffee to get herself energized. Or she would prepare herself because, "I need to be energized for this meeting, for this call", so she would preempt and go get herself all amped up with caffeine so that she could feel.

The Council:

And one day she was walking into a grocery store to go get another cup of coffee and we told her, go back to your car. And she did. And we said, what is it that you're wanting? And she said, "I'm tired". We said, "Stop saying you're tired. What do you want to feel?", and she said, "Energized", so we said, "Stop, close your eyes and allow yourself to feel energized". After about a good minute or two, she opened her eyes, turned on her car and went back home. She did not have to go in and get the coffee. We understand that everybody's different, but it is, stop saying you are fatigued. Tell yourself: "Feel energy moving through your body". And now that you are moving that energy in your belly, you are making room for more expansive energy.

Lydia:

Okay.

Jennifer:

Beautiful. Thank you, Lydia for bringing forward that information. I needed to hear that. I feel energized from you bringing forward that.

Lydia:

I appreciate it.

Jennifer:

I'm glad you got to speak with the Council tonight.

Lydia:

Can I ask one more question?

Jennifer:

Yeah, sure. Go ahead.

Lydia:

I know that I have things that I am supposed to do, and I'm mostly a positive person and that, but I'm not quite sure... I do energy healing, but I don't reach a very big number of people. And I'm not quite sure where I'm supposed to go from here.

The Council:

Well, for any of you that do light work, let's just call it that, you are wanting to be more on purpose and be more in service work. Feel what it feels like. If you have one person you're working with, feel what it would feel like to work with two and the expansiveness to go from one to two, or two to four, or five to 10, or 100 to 200, or 1000 to 2000. It is you in your own energy field. This is the key to everything. Each of you are energy receivers and the amount that you are willing to receive in, allow in and to expand into your field, that is the secret to creating a light worker business. It is being willing to hold the space for those extra people. As you are allowing yourself to feel more revitalized and more energized, you will have more space to hold for other clients, for you to hold for them. And that is the key, is it's always about you first and your own connection to your energy and the intensification. You want more? Expand it into more.

Lydia:

Okay. It's more about feeling it in myself.

The Council:

It's all about energy that always creates the forms. The forms being a client, the forms being money, the forms being a new home, the forms being a new person, relationship, everything is energy and every form is created first from the energy. You want more forms, expand your energy.

Lydia:

I appreciate the information you have given me.

The Council:

Thank you, dear one.

Jennifer:

Thank you, Lydia, my love. Can you pick a number from one to 219?

Lydia:

I'm going to pick 211.

Jennifer:

211, it is. Thank you, love. I want to mention that Christy Whitman has a really cool opportunity that is channeled through the Council of Light. It's about changing your language, changing your life. A lot of what they've been talking about tonight. It's a 30 day free training program and it's a system that breaks the chain on language patterns that keep us from success because the language patterns, when we shift them, are actually shifting our energy.

Jennifer:

Just like they were talking about, where Christy wanted to get extra coffee. And just because she kept saying, "I'm tired, I'm tired, tired", you're going to learn a whole 30 day program, free, to work with the Council and receive training on how to change these patterns. Really powerful. I'm so excited that Christy and the Council got together, created this, and are now allowing us to offer you free of charge. Go to www.Christyoffer.com. Thank you very much, Council, for putting that together and letting us give that away for free. It's all awesome.

The Council:

My pleasure.

Jennifer:

Okay, so we are going to 9360 in Sacramento, California.

Karin:

Hi, thanks so much for speaking to me. I'm very, very honored. I'm Karin. And this is my first time with you. I don't even know how I stumbled into this, but I must have needed to be here.

Jennifer:

Oh good, we're glad you're here. Yay. Welcome first timers.

Karin:

I'm sending my Aloha to the Council also. I've been dealing with a chronic left side of my head issue and I have all sorts of theories about whether I'm holding a block there myself, or if it's ancestral. And I would just love some guidance in clearing it up and shifting that energy and moving forward.

The Council:

The left side, as most of you know, is the divine feminine side. The right side is the divine masculine side. When we see something in a body issue or something that presents, we look at the hemispheres of the body and the fact that it is in your head, in your brain; it is an imprint, it is a block. You can bring in, allow in energy down through the top of your head, through your seventh chakra and imagine that that light and that energy is filling up your entire nervous system. You can imagine that it is starting with the brain and we are going to twist you over here so we have you in our view. Yes, it is on the side and it is a spot and we will... Yeah, just adding light. All of you can imagine adding light to your brain and let the brain then transmit that energy down into your spinal column so that your central nervous system is calming and relaxing with this light.

Karin:

And it's funny because that makes me tense up.

The Council:

Why so?

Karin:

I don't... I'm not sure.

The Council:

When you say you tense up, when you bring in light to your body, you're starting to tense up.

Karin:

I'm bringing in the light. I think there's a doubt creeping in, I think that's what it is.

The Council:

Well, let us say this. If there is resistance in your awareness, when we tell you to bring in light, there is obviously an emotional issue of being able to feel that you can trust or that you can have faith in light. There's a part of you that, well, you mentioned it... Four years old, big people were supposed to protect you, and when you get to that place in range of age of 4, 5, 6, 7, started around four... When you have this non trust, big people didn't protect you, the projection from mother, father, big people around you, if they didn't protect you when you were little, it could be any type of abuse at all, it could be sexual, physical, mental, emotional, then what you do is naturally project into your relationship with your divine. Because the symbol for the God self or the divine has a lot to do with the connection. The places where you've either held onto something or you've released and forgave those big people.

The Council:

And when it comes to a perception of a higher authority and the idea of being safe and protected, of course, naturally like a turtle going into its shell, your way of protecting yourself was to close down so that it is just natural. Instead of keeping your heart open and allowing yourself to feel a higher expression of the divine, you had to close down in order to protect yourself. Does this resonate?

Karin:

Yes, it is. Emotionally, yes, it's totally resonating. If I were to continue to do the exercise that you were talking about, about the letting light in and just keep at it, would that be the best course of action?

The Council:

Yes. There are many ways you could do this, but as you let light in and you feel the resistance, ask the light to soften the resistance because there are two aspects of you - one that's resisting and one that's bringing in light. And when you are aware of that part of you that is resisting, surround that part of you that doesn't trust light, that doesn't trust life.

Karin:

Got it.

The Council:

And bring that energy into your emotions and your very, very first chakra. If you are to imagine that you have a grounding cord from the very base of your spine, your very first chakra, this is your root chakra. This is where every human being wants to feel protected and grounded and safe and secure. This is your entire physical 3D universe, you can feel the heaviness of your body, meaning that there is gravity that is pulling your body down, pulling your energy down to keep you on the chair.

The Council:

You're not floating into outer space. Your body is matter, and it is grounded in 3D gravitational pull. If you can start feeling how your body is being supported by the chair and then the chair by the ground and the ground by the earth, getting that sensation that you are safe, that you are held... The ground beneath you is not opening up, you are safe. And start working, that is the biggest part. We mentioned three different ranges of age groups, the little one in you needs to know that she is safe and the adult in you can wrap her and tell her, "You are safe, now, those things that happened in the past are not happening right now", and bring in like we were talking before, let her feel compassion, not sorry for, but let her feel compassion.

The Council:

And let her feel that very grounded aspect of being alive and that you are now protector of her.

Karin:

Okay. This is like a soul retrieval.

The Council:

It is an age regression. It is an age transformation. It is those little ones in you that create these imprints that have a very limited scope of life. If those little ones in you were not taught how to express your emotions, process things that did not feel fair, to be able to go within and up and learn how to trust light... You make decisions in certain points in your life and if you decided that being around authoritative people is not safe, that will extend into your authoritative buried breath is breathing you because it is an authority in many people, opinions or perspectives.

The Council:

And the thing to understand is that the divine is not your authority. The divine is your equal and you meet divine to divine, heart to heart, energy to energy. You were created as an extension of the divine. In the divine's eyes, there is no one up or one down, one better than or one less than, or you need to pray to this one because it is the almighty and it has the ability to strike and smite and all of that. These are very old concepts of religious and some spiritual, but it is not that way. The divine loves you infinitely and it is there to provide for you in all ways. It is the adult that needs to learn this and then experience it and then help the little one experience it. And that is where healing takes place. It is giving that little one a new perception of life.

Karin:

I totally get it. I'm feeling it. Thank you so much.

The Council:

You're welcome.

Jennifer:

Awesome, Karin. Thank you so much. We're going to take one more quick call. If you could pick someone for us Karin, from one to 213.

The Council:

33.

Jennifer:

33. Thank you love. Oh my God, that was so great. Wow, 33. Okay, one last final session here.

Sue:

Hi, it's Sue.

Jennifer:

Oh, hey Sue. Sue's one of our members.

Sue:

Hi. Thank you for doing this. Council has been great so far, getting lots of stuff already.

Jennifer:

Oh good.

The Council:

How can we serve you, Sue?

Sue:

I have my question. I guess looking back at last year, I see one of my challenges I'll say is that I start things, but don't quite finish them and that's what I want to work towards this year. Do you see energy around that or any blockages or...

The Council:

Well, what we see is that you get excited, you get aligned and then the energy, the excitement putters out and - technical term, puttering - it just dissipates as you are working on something. And so, many times the reason this happens is because you get the initial excitement, you get the inspiration, you start to move towards something, you start to research, look into it, you start something and you start to continue to engage yourself in it. But what you are maybe not aware of, is that it is your mind that then starts telling you, "Why are you bothering?" "What are you doing?" "This is not going to end well." It is that negative self-thought, self-talk that gets in the way of the flow of your divine to continue to give you the inspiration to move and move and move until it pops, until there is a sense of completion.

The Council:

We would rather bring it back to you. And when you look at a project and you get excited about that project and you start to feel the inspiration to work on something, we would sit in that energy of inspiration and really look at why are you excited about it? What lights you up about it? What got you moving about it in the first place? And let that bigger vision, that energy flow through you and then move out in front of you. It's like you can't even not do it because the energy is so strong in front of you. You let the energy move through you and then you get a little bit ahead of it, and then you look around and go, "I've got nothing juicing me now." Letting the energy, letting yourself, letting the energy go in front of you and continue to move you, which starts the creation process in the first place, continuing to let that happen while managing the mind when your mind says, "That's not going to..." Blah, blah, blah.

The Council:

You say, "Thank you Mind. I am very appreciative of all of the ways that you are going to show me how it's not going to work and how I'm not going to succeed and how this is not going to happen. Thank you." And now you're going to connect back with the divine that gave you that inspiration, allow yourself to feel the flow of that inspiration, allow yourself to move and let it move in front of you. See it in completion form. See the version of you, that future self of you living with it, driving it, sleeping with it, living in it, going to the bank with it, whatever it is. But see the completion in your mind's eye when your mind says, "But these are all the reasons you can't." You say, "No, but look," and connect with that future part of you that is already living a version of you where it is completed and the rewards are bountiful.

Sue:

Okay. That makes sense. So you're saying go back into the energy if I get out of that energy. To go back and say, "Look at why I wanted to start it to begin with."

The Council:

Yes, dear. Well, everything, everything is energy and when you can understand that you're out of the flow, you're the one with your free will and choice, you can get back in the flow.

Sue:

Okay. That makes sense. I'm going to try that. And I like the idea of speaking with the mind. I have been going through that. The other morning, I was trying to do something and the angels in my head was going 'yes', 'no'. And finally, I talked myself to what I wanted to do and I was glad I did. So thank you.

The Council:

You're welcome.

Jennifer:

Beautiful. I can feel you getting it. Thank you, Sue, so very much for that, bringing forward that information. Awesome.

Sue:

I like the humor with it too.

Jennifer:

Isn't that great? I know. I talk about this all the time in my shows and Dee, in particular, and Mary also talks about this quite a bit in her shows - about this self-talk piece that the Council brought forward, which is, "Aren't you adorable? Look at what you're thinking." I thought like that for a long time. Yeah, well what if I didn't have to think that way anymore? How might I think now? Really, really great insight. Thank you for bringing that forward Sue.

Sue:

Great. Thank you. Thank you all for doing this.

Jennifer:

I'm going to go ahead and let Christy come back. Thank you, Council, so much for holding an incredible, loving space for us. Thank you.

The Council:

Our great pleasure. And reminding every single one of you that you are infinitely loved. Happiest of New Year's. Remember, reset button is always in front of you. Push it at will. Be well.

Jennifer:

Thank you. I love you. Thank you.

Christy:

Just allow yourselves to receive a nice down pouring of light. Just letting yourself receive this beautiful cleansing from the Council. All good, Jen?

Jennifer:

Oh my God. That was so good. I feel better.

Christy:

Oh, I'm so glad to hear that. Totally worth it.

Jennifer:

Thank you, Christy. Thank you, my love.

Christy:

Big hugs to my friends. Thanks everybody for letting us be here. Appreciate you.

Jennifer:

Thank you so much, honey.

Jennifer:

The amazing Mary A. Hall is joining us for the next session. She is a profound healer and abundance coach, an energy healer. You're not going to believe the wisdom and the healing that you're going to experience between Thomas and Mary. And then we have six more shows on the weekend. Three on Saturday and three on Sunday. So lots, lots more to come on predictions week. Thank you all so much for being here. I love you. I'll see you tomorrow for Lori Reyon. Bye-bye now.