

Predictions Week 2022

Day 6a – Numerologist
Dr. Robert Pease

TRANSCRIPT



Marilyn Alauria Psychic Medium / Prophecies by Month for 2021	Dr Robert Pease Renowned Numerologist / Numbers for 2021	Dee Wallace Channeller / Healer 2021 Prophecies / Famous Actress	Laurie Reyon Animal Communicator / Whales & Dolphin Messages for 2021	Keri Fulmore Medical Intuitive / Health for 2021	Elizabeth Harper Psychic Healer Color Specialist	Tori Harman Oracle Reader / Psychic / Spiritual Teacher	Thomas John TV Show on OWN Celebrity Medium	Brian Seth Hurst Crazy ACURATE Psychic	Mary A. Hall Healer, Abundance Coach / Abundance Healing for 2021	Christy Whitman Channeling The Council Of Light (WOW!)
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Jennifer McLean:

Hello everyone and welcome to Predictions Week 2022. We are having such a blast here this week. Dr. Robert Pease is going to be joining us today.

Jennifer McLean:

I'm so excited to share the amazing work of Dr. Robert Pease. He's a celebrity numerologist and intuitive. He is a renaissance man extraordinaire. We had our live event on our 10th anniversary, the summer before COVID. And I was so glad we did, because it was a very, very special event.

Jennifer McLean:

Dr. Robert got up there and he shared this crazy, ridiculous, amazing life that allows us to understand why he's able to bring such amazing insight and advice to us. Now, couple that with his incredible gift as a numerologist and as an intuitive, and you'll see why he is one of our most popular speakers on MasterWorks Healing. He is just an amazing soul - a little heads up, he's quite direct. And with the life he's had, that is definitely the end result, thank God. And he will coach out of you your question, even. It is all done with such respect and love. And we are so blessed to welcome the amazing, amazing Dr. Robert Pease, our resident numerologist of MasterWorks Healing. Welcome Dr. Robert.

Dr. Robert Pease:

Hello, my beautiful, lovely Jenn. I'm glad that you're on the upswing of this misery called COVID, which so many of us have dealt with. Oh my gosh. A blessing to you that you're feeling better. You sound good.

Jennifer McLean:

I just have my little sexy voice on.

Dr. Robert Pease:

I like that sexy voice. I like that sexy bedroom voice, you know that. You work that girl! Lovely to be here. What an extraordinary week this has been on the show. Usually, I'm one of the first people to speak every year, but I kind of enjoyed it this year as a change of pace, because I got to hear everybody else speak and share their information before I pop in. And what a wonderful week this has been so far. What an exciting opportunity for people to have this free time with you and me and all the people on this platform that you shared with us. You know, first of all, I want to welcome everybody today to an awesome community of folks orchestrated by this wonderful lady, Jennifer McLean, to allow everyone to be energized experientially.

Dr. Robert Pease:

So thank you for honoring me, letting me be a part of this beautiful thing that happens twice a week throughout the year, bringing this together to embrace and support and really guide each of us. Thank you, Jennifer. Thank you, community. Hi.

Jennifer McLean:

I've been looking forward to this for months. What, Mr. Numerologist, is 2022 about?

Dr. Robert Pease:

Oh my gosh. And you know, I say that every beginning of every year. I have a positive outlook on life to begin with. And I believe that's the attractor factor that continues to create a life of abundance and opportunity for me through all of it. You know, it's like, I just believe in love. I believe in us. I believe in the community. I have faith in the world, even though sometimes I want to just smack the hell out of it. You know what I mean? You know what I'm feeling?

Jennifer McLean:

Yes.

Dr. Robert Pease:

I'd written a message to you earlier, where I said welcome to the year of light speed change. This is a year of light speed change. It's like, okay, we've been through the desert on a horse with no name. We're all confident we know how to ride that pony at this point. If we don't, hello, it's been quite a couple of years. But it's shifting. It actually has already shifted.

Dr. Robert Pease:

It's interesting. This year shifted before the year began, which is not normal. Usually it kind of slowly guides into, even as late as February. I mean, the calendar is a Gregorian calendar. It's not that accurate. It's not an ancient calendar. But it usually slides in later. This year, it slid in earlier, it actually slid in around November or the middle of November. So a lot of the influence of this year was already being felt. That is kind of interesting. The theme of last year, of course, was I said it was a year of hope and it kind of brings into this year, more spills over, but it becomes more of a year of hopes and dreams.

Dr. Robert Pease:

What dreams may come true, what dreams that we can envision for our self in this new opportunity, which is always what we're living in, a way of being able to actualize what it is that we most desire to express for our best and highest good. Talking about hopes and dreams during the year ahead. Nothing will be too crazy or too wild to become a reality. I love that part. I love the part where we can explore and experience new opportunities, new ideas, new beginnings, even though it's a six year, not a nine year. Nine year usually is the year of finishing up and one years are about starting over, starting new. There are new beginnings in this six year. It's kind of interesting that our attractor factor is about our ability to attract. Our ability to attract not only comes back, it is multiplied.

Dr. Robert Pease:

This is it in terms of the six energy, which is asking us to really expect a deeper sense of connection to return to our lives. We've been plugging in for the last couple of years, especially, we've been growing our ability to plug in. And we had to step back to do that. Now what we're going to do is we're going to multiply that into more experiences that we'll be able to do it. You kind of have to look at the steps into our zone of brilliance and our zone of genius and recognize that we are influencers. I mean we talk about influencers and social media, but we never see ourselves as influencers. And we are influencing our lives in such a way that it actually influences other people's lives. Especially in this community. And not that there aren't others that are doing the same thing, or to any power of 10 or 20 or thousand.

Dr. Robert Pease:

But the influencing that we have here is that we have the ability to see the change in ourselves. And then sometimes that influences other people to be motivated to see the changes in them. I talk to clients all the time in this community that say that they're starting to see the impact, the effect, on their family members over time. That they're not thinking exactly the way they used to. They've become much more expansive and more open. So we do influence. We have the ability to affect the outcome we desire for our self and in doing so, affect others in elevating positive change for themselves and the world around each of us. What do you need and require to do this? Well, the ultimate guide to becoming more influential at work or anywhere else is we are beginning to realize the value to listening without interruption. To listen without interruption is a powerful thing to do.

Dr. Robert Pease:

And we're acting more with integrity. And we're kind of looking, influencing the world around us to realize that it needs to act with more integrity as well. And doing what we say we're going to do. Stepping into that doing what we say we're going to do, stepping into being accountable. I'm all about the accountability outline that we can all have in our life, that we make ourselves accountable to our personal freedom, especially. And that we also do something very special as influencers by giving others a voice. We give others a voice around us, as well as taking care of our self. Big on that. Jenn, I know that so much of the work that you do is supporting other people to nurture and take care of themselves. We need to take care of ourselves spiritually, mentally, emotionally, physically, and every way all the time. To sit in that and to elevate that and be relevant. Be relevant to ourselves, to see our relevancy.

Dr. Robert Pease:

I have often heard from people over the last couple of years, the sense of they're not feeling relevant anymore. It's like the world is passing them by, and that they're not stepping into the activities of life. Of course, I mean it's been about cloister in place, but that is also time for us to realize that we have a zone of brilliance and we need to explore and expand that brilliance within ourselves and engage in that. As far as it being connected to this year, the year is a multi-numbered year, which I find very exciting. I've been looking forward to this year. Last year was a five year. It was all about change in terms of the way that we view and have to recognize that truth is liquid, and that the only constant is change. We've heard that all our lives, but oftentimes we resist that.

Dr. Robert Pease:

But this year, in this multi-numbered year, the six year is also a three plus three year, which makes it a 33 number of healing through acts of love. We've got the master number of 33 embedded in the six. So it's all about healing through acts of love. All the acts of love that we are open and willing to take opportunity with, through ourselves and with others, will be magnified in its healing process for us and for everyone around us. The six is also the two plus two plus two year. It makes it a two, two, two year. And I wrote about that with you before, Jennifer, in a special presentation about master numbers. And really the two, two, two is the number to be still, quiet and peaceful, and connect to the river of feelings and the relationship of our feelings and our experience of life.

Dr. Robert Pease:

This year is all about experiencing it, getting in there and really opening up the opportunity for doing that. And finally, as a six, wow, it's the power of love. You know, what more can we ask for - a year that is about love. I know a lot of people are eager to like step into relationships and get that going or get

some new sparks of energy in the relationships they already have. And you know, the relationship we have with nature, the relationship we have with animals, our willingness to nurture ourselves and nurture the world around us. Take those small acts, nurture, picking up the litter on the ground, adding water to a plant that looks like it needs it out there all alone in the universe. You know, this is really that year for being in that.

Dr. Robert Pease:

And being the power of love as an influencer, we can think of love and we can smile. I'm spending a great deal of energy this year around being a smile therapist. Smiling is healing. Smiling reduces blood pressure, increases a healthy mood, calms the pain responses by releasing endorphins. There is so much science around the physical act of smiling. A great practice this year needs to include smiling as much as possible. Even if you are faking it, the brain doesn't know the difference. It only responds to the muscles in your face. So smile often. Smile in the mirror, smile in the car, smile on the phone. I'm smiling now. And at the grocery store, wherever, crack that smile. Physically create that expression on your face. It actually calms us down. It allows us to create a bit of peace and it's amazing that something so simple as the act of smiling, the way it influences us, influences the people around us.

Dr. Robert Pease:

This is an important time for experiencing that, experiencing new things, new opportunities, new ideas, and really kind of shift our focus to embrace and influence our relationship to our self, having more fun and play. You know, Jennifer, I'm the man about play. It's all about playfulness. We need to exercise the play muscle in our lives more and more every day. Think about the things you desire to experience this year. And of course, it's helpful to align any of those opportunities with your personal number. I'm a numerologist, so I'm all about the numbers, so that you can get the most out of yourself. Here we are in a six year, and then you have a personal year and combined together, it makes another number. And throughout the year on the contributor call once a month that I get to play with all of you, we can examine and take a look at that with the calls, just in general, what's going on with that as well. This is the kind of year we're getting ready, we're already in, my darling.

Jennifer McLean:

Wow. It's funny because I don't do numerology, so I didn't know that it was a multi numbered year. I didn't know even what that meant. There's a 33, there's a two, two, two as well as being a six year, which really influences a lot of other aspects. That's super cool. I kind of missed what two, two, two was because you went a little fast. So what's the two, two, two?

Dr. Robert Pease:

You know me, I speed through like a demon, I'm a crazed demon. The triple two is the number of stillness, quiet and peacefulness. Obviously, it's an angelic number. You know, we talk about the master numbers and then we get into the triple numbers and the quad numbers. They've often been referred to as the master numbers, but they represent, what I wrote before, just referring to that, the powerful meaning of the number two, two, two, or two, two, two, two, suggest that where life is calling us to listen to the small, quiet voice within us and be present to the messages of that. This is an influential year for messaging. And we can only access, oftentimes I tend to find the messages of life when we are in that small, quiet place. Do you find that true, Jennifer, for yourself?

Jennifer McLean:

That is my daily practice. Yes, I do it a little bit differently than a meditation. But yes, my 'what if' stuff, that's how I use it to get into the place where I can hear my soul. I can hear my divinity. Yes, absolutely. What's really cool is this two, two kind of gives us... it's like we are supported in the energy. There is an influence for us to be supported in that. For those of you whose mind might be saying something like, "oh my God, I should, I should. I should. I should..." You know, when we "I should" all over ourselves, there's actually energy here for us to actually do it. And sometimes it's helpful for the mind to feel that or to just actually go, well, what if that were true? What if this two, two, two in this year that's already started, there is a support here.

Jennifer McLean:

There's an influence here. There's a nudge here, a gentle, loving, embracing nudge. And the fact that it's a triple number, as you just said. It's an angelic nudge to find that stillness daily. For in the stillness is the healing. I mean, I'm a cranial psychotherapist. Where I started my work was cranial sacral and the still point is the place of healing. Any cranial sacral therapists right now are nodding their heads. That's where the healing happens. And that two, two, two year, oh my gosh is so cool. That two, two, two is here to support us in bringing conscious attention to that stillness and that peace, to find that, to be present to that still small voice within. It's real, it's a real thing. For those of you whose minds are saying, I should, I should, you can release the should because the energy is just simply here. It's here to support you. Is that true what I'm interpreting?

Dr. Robert Pease:

Of course, as always, you're nailing it. You're my hierophant, you translate all that dynamic energy that I bring down into the place of it. And also recognizing that it's a 2022, so there's a zero, which is a symbol.

Jennifer McLean:

Zero. What does the zero do?

Dr. Robert Pease:

That's a symbol. It's not a number. It's magical in itself because it always represents the power behind it.

Jennifer McLean:

Oh, cool.

Dr. Robert Pease:

The power behind it, the soul, the way it's energizing the Soul Power. And I know you were very activated by Soul Power and Soul Purpose last year. That zero, and probably partly because of the fact that we've been in a zero for a while now, since the new millennium, that it's about what is the power behind everything? And it continues to influence us as influencers.

Jennifer McLean:

Wow. I knew it was a special year. I just knew it. That's so cool.

Dr. Robert Pease:

It is.

Jennifer McLean:

Not only is this two, two, two year an influence, but it now also has power. It's like, there's wind behind it, of the zero.

Dr. Robert Pease:

There is so much power behind it. And we've been feeling this for a while. I think part of what it's been activating, all of us, is that there is this activation going on. But it's like, you kind of feel like a rocket ship that's on the ground and they ignite the engines and you can see it vibrating. You think what's keeping it from just taking off, right? I mean, it's like, it's got so much power under it. And then, when it does take off, it doesn't zoom like a missile. It slowly leaves the ground, right? These giant rockets. And that's what we're beginning to do. We're slowly beginning to leave the ground. All this power under us. But it's navigational and we're here to explore that life is all about living it and enjoying it and having fun with it. It's so short. And for me, it's so evident.

Dr. Robert Pease:

I mean, with my multiple near-death experiences in my life, it's like every moment to me is just precious gold. I really understand that through lots of extraordinary pain in my life to get me to that place. But I tell you what, once you've had a wake-up call, it's like, "Okay, let's take that wake-up call and let's influence ourselves every day with more and more alertness and more focus and more clarity. We can do this, and we are doing it." That's the beautiful part about it. We are doing it, and maybe not the whole world. There's a lot of negative, toxic stuff always being thrown out there to make us think that there are more of them than there are of us. But I don't believe that anymore. I do believe there are more of us than there are of them, whoever they are.

Jennifer McLean:

Right, right. It's not like this crazy cabal, it's just a difference of energy. And I think you're right. And what I've been told for a long time now is that the energy that you're speaking of, this energy of love and nurturing and listening and presence and stillness and soul power, is about a thousand times more powerful than the energy of hate and divisiveness. Everything that you've described is possible for us this year, when we bring our conscious attention to it and really listen to the small voice. Know that we are being supported by the 222 energy, know that the 33 energy of love, all that is embedded in this 6 year. And that 222 is an angelic number, the 33 and 222 are master numbers. All of that is embedded in this year.

Jennifer McLean:

For those of us that are waking up to our power, it's not this great awakening, right? I think it was co-opted by people who are not into this, what we're talking about. It's co-opted by people who are saying that we're waking up to be a war against evil. No, that's not it. It is waking up to our power to the love that we are. Love is embedded in this year. Love is embedded in this year, oh my gosh, I'm so inspired!

Dr. Robert Pease:

Good!

Jennifer McLean:

This is awesome!

Dr. Robert Pease:

You're always inspired Jennifer.

Jennifer McLean:

But tell me again Doctor, a little bit more about what does six mean?

Dr. Robert Pease:

Well, we're so plugged in. Listen, folks, Jennifer and I do this every month on our calls together. Right? What do you think, Jennifer? We banter back and forth with the community to support even a greater understanding. I love that part about us. The six is connecting to infinite potential. Yes, infinite potential. The six is a powerful number. It is not a gateway number in the way that I do my intuitive numerology. I'm big on missing combination, missing numbers, the way they influence. But the numbers that are present in our birthday or in our name. And we don't really get too much into the name on any of our calls, because it's just too much calculation for that, it's too much, but the six sits at the highest point of the crown chakra.

Dr. Robert Pease:

It is connected to the magnetic light of all spiritual existence. Therefore, if we think of the six sitting at the top of our head, it is the connector to the silver thread. You know "That which is in Heaven shall on earth. And that which is on earth also shall be in Heaven." It is a unification process; the connecting to the infinite potential. And it's also the energy that gives us a constant sense of renewed purpose. A sense of purpose. It's like, "Okay. I have purpose. Purpose to live a purposeful life, in my daily activity, to focus and have clarity on everything, having a purpose. I'm not just twirling and spinning for no reason. There's a purpose for me, twirling and spinning today." Right? I have clarity that sometimes I don't know what I'm doing, well, there's a purpose there because we need the space to procrastinate, to gain clarity around it.

Dr. Robert Pease:

Sometimes we can do that in a day, sometimes a week, who knows. Sometimes I'm finding it's going to be my whole lifetime before I actually am clear about certain things, so that's important. It's also about wonder and awe. This is a big thing this year. We have an opportunity to influence ourselves with wonder and awe. You know what's wonderful and what's awesome about the things that are surrounding us in our life and the people that bring us such gifts sometimes. Yes, sometimes they hurt, they're painful, but they are there for us to explore and to transform ourselves into love. It is powerful. We do a lot of that in this community. I'm proud of that. Six, it is that energy. It's all about family, relationship, the classic things. You can go Google about the six, it's family, relationship. It can be the victim, it can be the bully energy as well.

Dr. Robert Pease:

We have to be very cautious and careful that we transform that into being, like you said a minute ago, power, energy, about being empowered to being centered, to listen to our inner voice in whatever way we do that. I often listen to my inner voice through planting, through plants. Planting brings that inner voice up for me. We all have our way of doing it as far as the inner voice is there for us. It relates in that. It's also about security and a sense of security in our relationship to ourselves and to our family. Wherever there is conflict in your family life, which tends to have been really coming to the surface in

the last couple of years, because of so much divisiveness on the planet right now, which I find very, very positive.

Dr. Robert Pease:

I have people go "what?", but I see that it's time that we start having the greater conversation about who we are and what we truly believe is important in terms of supporting love and supporting the planet and realizing that we're all in this together. That takes time, we've been having that revolution for a few hundreds of thousands of years. It didn't start last week. This is that year, so the six represents the possibility of letting go of expectations, stepping into the unexpected.

Dr. Robert Pease:

There is a lot of opportunity here for all of us to go, "Yay, let's dig in and start checking the box on the things that..." I said earlier about the possible things that can take care of us, giving others a voice. Sometimes it's not just about our voice, what we have to say, what we think. It's also giving voice to others. And that also allows each of us, when we do that with each other, to have a sense of visibility, that we're being seen. There's a reason why people are shouting so loud at times because they don't feel they're being seen, even if they're wrong or right, or up or down, it's time that we begin to, you know "okay, so what is it that you really want to say?" And being open to what that may be, even if we don't agree.

Jennifer McLean:

Well, what is it that you want to say and be willing to listen to others? The other thing is to be willing to listen to others, but from a different ear, from that still point ear, from the ear of the inner ear, that connection to that third eye silver, the thread, the pineal gland, you know, listening from that perspective, not from opinion, not from defensiveness. Most people listen to give their opinion. This is a different kind of listening. This is someone who is really upsetting. You can listen with a different ear and hear pain and hear coping mechanisms. This is what the last two years have been for me. I haven't always done it, because sometimes I get triggered, but we get to use that as well to hear ourselves.

Jennifer McLean:

We can listen to ourselves as we're reacting and say, oh, what's going on there? You know, Mary kind of did that with us last night, listen to that little one. That's acting up. That's what my whole Spontaneous Transformation Technique is. You'll be experiencing that on Sunday - to hear that little one and give them a voice. The more we do that, the more we can hear someone is saying something that we disagree with, but listening to the pain instead, and actually holding a space of compassion. And let me tell you, when someone is seen in that way, even if there are no words, if there are zero words and you see another person as their pain and suffering, as well as the light that they are, because everyone here is light, something clicks within them, something activates within them.

Jennifer McLean:

And that's in part what we do in my annual prayer circle, which is separate from MasterWorks Healing that you'll also learn about on Sunday, is to hear their voice. Again, the only reason I'm bringing that up is because Dr. Robert validates my work. Every time we talk, I'm doing stuff and Dr. Robert's going to explain what I'm doing. And what that does is it empowers us to do it with more conscious presence. I apologize for taking a moment, making that about me because it just so validates what guidance has brought through for me, because these numbers are already influencing us. And I suspect many of you

are experiencing that as well right now, which is going, "Oh, I've been experiencing some of this." Such incredible information, Dr. Roberts. Thank you, thank you, thank you, thank you.

Dr. Robert Pease:

Wahoo!

Jennifer McLean:

Wahoo! It is just so good. Do you have any more before we dive into some session work?

Dr. Robert Pease:

Oh, honey, you know I'll go on all year long on all of this. There's no end to it.

Jennifer McLean:

Dr. Robert, by the way, will be going all year long, every single month. He brings different aspects based on how the month number matches with the year number. It's a pretty cool experience to experience Dr. Robert's shows month after month because you see a full contained story about the numerology of month and year. It's really, really a special experience. You will continue to be reminded about what the numbers for the year are and how they match that month. And thank you, Dr. Robert. My heart is welling with gratitude for you and your continued dedication to this membership and for being here today. Thank you for bringing forward this important and powerful information for us. I feel different just from hearing it. I knew it was going to be good.

Jennifer McLean:

Let's dive into some session work. Let's hold an intention right now. And again, remember these small efforts make a huge difference.

Jennifer McLean:

Stop whatever you are doing. Put your hand on your heart right now, and just take a breath, aaah, and bring a level of presence to this moment. What if I could be present at a level of conviction to the intention you're about to set? Bring those two kind of intentions and your attention to those intentions. As we say to ourselves these exact words, repeat after me with your hand on your heart. With presence and conviction, say to yourself, "May the perfect people be chosen to work with Dr. Robert tonight so that I receive at the highest levels."

Jennifer McLean:

Beautiful. We are going to set that again and really, really bring some breath and attention and presence to this and send conviction, say this to yourself. "May the perfect people be chosen to work with Dr. Robert tonight, the perfect people so that I get exactly what I need right now." There we go. That was set well. Beautiful. Your intention is now in the field, which means there is going to be messages for you. Listen for your messages, okay? Listen for your messages. And if you want to make this an a plus plus experience, write down on a piece of paper what you need and require. This is Dr. Robert's thing. What you need and require.

Jennifer McLean:

When Dr. Robert is working with others, and he says something brilliant, which he often does, and it pings within you, write it down. And by the time you're done, you'll have your own private reading with all of those little notes you wrote down against what you need and require. Now, for those who have your hand raised, know that there is a specific protocol with Dr. Robert. Please give us your name, your date of birth, day, month, year. Before you say anything, give us your name, your date of birth, and then Robert will do the calculations.

Jennifer McLean:

Then you're going to ask in a very succinct way, what you need and require. Write down on a piece of paper what you need and require. That way Dr. Robert gets to a lot of people. If you do not ask what you need to require, Dr. Robert will pull it out of you. I promise you. Something succinct so that he can give you your reading. He will talk to you about what your numbers mean this year. And again, even though it seems like that's a very personal thing, there will be messages here for you. Doctor, I have a question I've never asked this before, but I just got this question from guidance. Should they do their own numerology right now? And figure out their numbers?

Dr. Robert Pease:

They can. Absolutely. We've done this a few times before. We were doing personal numbers or attitude numbers, remember?

Jennifer McLean:

Right.

Dr. Robert Pease:

But we never really did it. Yes. They could do that as well.

Jennifer McLean:

Add your date of birth. Mine is 0 5 1 4, 1962, so I would be adding five plus one plus four plus one plus nine plus six plus two. That's how you add your numbers. And if someone else has a similar number to you and he's giving a reading, there's another little hint, so is it okay if you give the number that you're doing the reading on this time?

Dr. Robert Pease:

Yes, absolutely. By the way, you just did yours. 5 14, 19 62, which is a 28 total. But you add the two plus eight to get a 10 and then the one plus zero to get the one. By the way, I look at the twenty eight, ten, one in the numerology, not just the final number. Some of you have multiple numbers. If you share with me your number, don't just say I'm a 5, you are 23, 5, or you are 14, 5. You can remember that? It's not important. But you'll get it anyway.

Jennifer McLean:

Well just give us your date of birth and Dr. Robert will do the math. You guys don't have to worry about that, but if you want to do it right now, just to see what you are, you can. And then Dr. Robert, as he gives readings, we will share that piece and there might be some similarities for some of you. Okay.

Dr. Robert Pease:

The other thing they can do, that'll be more helpful even than that, because I'm going to do the blueprint anyway, is their personal year. What is your personal year? Which is the month and the day you were born and this year, which is a six. It makes it real easy. So it's this year six plus, you know, whatever the day and the month.

Jennifer McLean:

Five plus one plus four plus six. My month is the fifth. My day is the 14th. That's the personal year.

Dr. Robert Pease:

That's the personal year. That's correct. That would be fun because you can just say to me, oh I'm an eight or I'm a four.

Jennifer McLean:

So I'm a 16, 7. Is that right?

Dr. Robert Pease:

Yes, you are. You are a 1, 6, 7 year, as a 28, 10, 1. Your blueprint is very, very rich this year, by the way, darling.

Jennifer McLean:

Wahoo! I like that word.

Dr. Robert Pease:

Yeah. Rich. That's a great word. Isn't it?

Jennifer McLean:

One of my favorites. Speaking of which, if you're interested in pursuing this a little more deeply with Dr. Robert, as you can see, he's like a master. He has a pretty amazing special offer. You're actually going to get a reading. A one on one 60-minute personal reading with Dr. Robert Pease. This is a \$500 value. I just can't believe you do this.

Dr. Robert Pease:

Once a year, Jennifer, once a year, it's all I do.

Jennifer McLean:

Once a year he does this. Oh my God. You're going to get a private 60-minute reading with Dr. Robert. You're going to learn what your birth arrival time impacts. You're going to learn a little bit more than you are with just those two numbers. You're going to discover what your number says about your wealth and life purpose.

Jennifer McLean:

You're going to remove the hidden blocked self-doubt, lack in your life. He's going to show you what numbers are missing so that you can bring cautious attention to them and bring them forward. You're

going to get predictions about your life in 2022. When you get this information, you've already experienced it a little bit. There's like this breath of relief. There's an 'aha'. Because a lot of this, we kind of intuitively know, but it's so good to understand some of the 'why' behind it. Which means you're going to start living a healthy life of wellbeing and joyful. You're going to remove the hidden blocks, as I said. There is going to be an improved clarity to help you navigate abundance decisions. You're also going to get a recording. He's actually going to record it for you. That takes a lot of work. Trust me.

Jennifer McLean:

That's also a bonus you're going to get. That's not all you're going to receive. I just can't even believe what you do every year. It's crazy. Anyway, you're going to receive his membership site, including archives of all calls, blogs, videos, trainings, and what's called the "audio healing spa". This is a retail value of \$4,500. You'll be able to listen to past calls. You'll be able to get replays on demand. There are training sessions on intuitive development, self-love, visibility and confidence, communication with source, accessing consciousness. There is a replace here of memory retention, imagination exercises, creativity processes. I mean this man is incredibly creative. He actually worked on Broadway in fashion. He dressed Shirley McClain! He's got so much of this already in his life experience.

Jennifer McLean:

And he brings you these amazing programs in this membership site. And then you also get to tap into your zone of genius to claim your purpose. This is an online three-part course with Dr. Robert. It's just an incredible resound, proven, proven course. You also get the super bonus of multiple spontaneous life changing live group calls for 12 months, including Q&A's. Not only do you get all the amazing replays and recorded material, but you get to work with this amazing genius live for 12 months.

Jennifer McLean:

We have many members that do this as well. All of that is yours. Go to this page and listen to what some people have to say about him. This is the power behind your life purpose. Again, you get one hour into numerological reading with a master. The price is \$97 for this. This is a thousands of dollars package. You're probably saying, "Well, what's the catch?" The catch is his brilliant heart. His generous, beautiful heart. He loves this community so much. He also knows that the people that are attracted to this material are quite advanced and he doesn't have to do as much, if you will, work as he might with other people, because you're already there.

Jennifer McLean:

He could take where you're at and elevate you to the next level. That's in part why he's offering this at such a crazy discount. This is first come for a serve, right? If you are interested in getting your reading with Dr. Robert sooner than later, do this right now, because he books up really fast. Everyone will get a reading no matter who registers, but the sooner you register, the sooner you get onto the calendar.

Jennifer McLean:

You can go to www.robertpeaseoffer.com. You crazy man, thank you for putting that together.

Dr. Robert Pease:

It's fun.

Jennifer McLean:

Are you getting tired thinking about it?

Dr. Robert Pease:

No, I was thinking about what you said - it is generosity on my part because I've been doing this a long time, like you have, I've been in so many aspects of the work and at some point, it's bringing people to the place we all desire to be.

Dr. Robert Pease:

Time to do that for me in my life. The world has given me so much. I am so blessed and grateful for the life I have, that I just love giving back. I just love it.

Jennifer McLean:

It is. Someone just asked, this is a one-time fee? Yes. It's a one-time fee. So thank you all for letting us share that, but it's such a moment of generosity and I'm signing up. I want a reading for this powerful year. You want to act quickly.

Jennifer McLean:

Okay. Here we go. Dr. Robert, please pick a number between one and 209.

Dr. Robert Pease:

Well, today is January 8th, 2022. Imagine that it's a 156 day. We're in a six year on a six day. Let's pick number six.

Jennifer McLean:

All right, we're going to call number 6. I think this might be our member. Karen.

Karen:

Hi Jennifer. Yes. And hi Robert. Oh my gosh. During the intention, I said, I want to be the perfect person to talk to Robert.

Jennifer McLean:

There you go. What's your birthday?

Karen:

May 7th, 1959. My name is Karen.

Dr. Robert Pease:

Hi, Karen. Happy New Year. What do you require today, my darling?

Karen:

I've got COVID too right now, Jenn. Sorry about my voice.

Jennifer McLean:

Oh, sorry, honey. That's okay. It's part of our journey.

Karen:

Wanting to know career wise - I'm doing the same thing and I'm feeling I need to do something different.

Dr. Robert Pease:

Okay. Career. Well, this is it. This is a good year to look at that. And we're sending you healing love, right? The whole community and everybody on the call to all of you dealing with this crazy. We're sending all the power of love, right? Because it's powerful. You are 36 now, you're in an 18, nine year. There are a couple of nines going on for you girl, which means it is completion. This is why you're so feeling you're ready to do something new. Remember I said earlier on the call, it's a year of new experiences. So you are already being influenced by that desire. And it's looking at your own influencer. What is your code of expertise for yourself? You need sit and think about what action you need to take to translate that into whatever that career thing is for you.

Dr. Robert Pease:

It's like you're a highly evolved empathic harmonizer. That's a whole story in itself. And we get to hear a lot about me talking about empathic harmonizer throughout the year on Jennifer's calls. But in that energy, you're also idealistic. You're self-determined. You have always been able to get the job done. You know what I mean? You are that girl. And the thing here is that, you've done what you've done. You are ready to translate that and transform that, you're compassionate. You have a sense of you've been through the desert, you've had pain in your life. There has been abuses that you have transformed and elevated into positive action in your life. That really is a healing process to support other people.

Dr. Robert Pease:

As a networker, meaning that you, as an influencer, are very good at bringing people together, like-minded people, people who need resources from other people, you've always been able to do that. You're a connector. In what way would you like to accelerate yourself as an influencer? Because I would like for you to now embrace the fact that you are an influencer and that you influence the world around you in a position that would be fun for you, playful, be joyful for you. Do you have any ideas around that?

Karen:

Well, I was blessed to take Jennifer's course for healing modality, and I would like to be able to use my gift, which is art to help you.

Dr. Robert Pease:

Awesome blossom! I love it. I mean, you're working with a master here, with Jennifer, to support you in a career, shift with that and being able to use that connectivity through art, which I'm excited about for you, because I'm an artist, you mentioned earlier, I was a costume designer for 36 years basically in the industry. I paint, I dance, I sing, I write and all that. I'm just one big musical talent. You are moving into what I believe is so powerful and so needed in the world.

Dr. Robert Pease:

Especially looking at it from the point of view where you can do this with, I don't know what your take is on helping those who have special needs, but there is a big, huge, powerful need for that in that community. And art is a communicator for that. Why? The other side of that is being able to work with art in this way of being able to channel the energies of angel energy into the art that is portraiture of people's lives. In other words, what is the frequency of their life as expressed through the art that you can create for them as a mantra or mandala for them to meditate on. And don't ask me where that came from. Does that resonate?

Karen:

Oh my gosh. I was just taking an art therapy class - just to see what it was like and to see if I could do it. And through that, what came out is portraits of myself with my little one, my shadow self and my present self, embracing. And instead of denying my child that was hurt at a certain age, she is showing up for me to embrace, to move forward, which I did not see coming.

Dr. Robert Pease:

Exactly. And what you do not see coming, is coming, right? That's the unexpected preparing yourself for unexpected. That also puts you into the other part, which is a guidance counselor. You're able to not only shift through the expression, through the art part of it, which is so much fun. It's like when I used to design clothes for people in the fashion industry, that was only part of it. You know, I got to design and the other part of it was being able to actually implement it by dressing them in it. You know what I mean? A Ballgown Met in New York City, and seeing them blossom into something much bigger than they ever thought they were. Right. And there is a difference, so you can do the same thing. You can create the art with them and then express it for them to express it. You can communicate, navigate with them in translation through interpreting the work with them in a consultation.

Karen:

Wow. I just got shivers. Thank you.

Dr. Robert Pease:

Thank you for stepping into this. Thank you for having the courage to be empowered by it, working with Jennifer to get to that place where you will be that influencer in the world. We need the influencers, darling. So step into the power of that and just do it.

Karen:

Wow. It's all part of the ripple. Thank you.

Dr. Robert Pease:

You're welcome.

Karen:

Thank you. Beautiful. Bless you.

Jennifer McLean:

Yes. Thank you so much. Great having you here, that makes me happy. Much love to you. Would you pick our next person from one to 210.

Karen:

111.

Jennifer McLean:

111. Thank you, honey. We're going to call number 111 here. You're on the air.

Andrea:

Hi, it's Andrea. I saw 1111 this morning and she picks 111 and I said, that's going to be me.

Jennifer McLean:

Look at you, Andrea. What's your birthday?

Andrea:

02/18/1968.

Dr. Robert Pease:

Hi Andrea, Happy New Year.

Andrea:

Hi, Dr. Robert. Happy New Year.

Dr. Robert Pease:

Hi. Thank you. What do you need today, my darling?

Andrea:

I was just wondering whatever the numbers are screaming out at me for today. What message do they have? Is that okay to ask that?

Dr. Robert Pease:

I love the, "what actions should I take?" kind of questions. "What do I need and require?" kind of questions. What your numbers are screaming at you is to be focused and clear about what it is that you need and require today. So take a breath. What is the one thing you need and require to take action on today?

Andrea:

Money.

Dr. Robert Pease:

Money, money, money. What about money? You need more money in your life?

Andrea:

I do.

Dr. Robert Pease:

Need a love affair with money? Is that what you're suggesting?

Andrea:

I do.

Dr. Robert Pease:

You need a love affair. You need to elevate your relationship with money this year. This is the year to elevate relationships, right? We're in a six year. Know that you're able, I saw Jennifer McLean just book with me, girl.

Jennifer McLean:

You caught me!

Dr. Robert Pease:

Girl. Okay.

Andrea:

I was just about to, when they called my number.

Dr. Robert Pease:

Oh Lord! All right. Listen, Andrea. The thing here is that you have extraordinary confidence in yourself. You tend to wax and wane back and forth with that confidence. One moment you feel so confident. You can do anything and then something happens. You kind of shift and go into yourself and I don't want to say you go into a dark place. You just go into a place that's very small. I see you in a small place.

Andrea:

Exactly.

Dr. Robert Pease:

Right. It's very Alice in Wonderland. It's like "eat me" and you take a bite and then the next moment you shrink.

Andrea:

Exactly.

Dr. Robert Pease:

This is where Jennifer can really do some stuff with you because this is where it's all about finding normality and balance. And the center point, she calls it, I call it the zero point as well. But the center point of yourself where you ... that place of "who am I in the center of my life?" Finding the harmony with myself inside of that, and being influenced by harmony, where you as an expert in your own life,

because we all are experts in our life, whether we are applying or denying that truth. To apply that truth to yourself as an influencer, realize that you are in an abundant year, you're in a 178 year. You're a 35, 8 year. You have a double eight in your birthday. This is all about infinite possibility.

Andrea:

Yes.

Dr. Robert Pease:

So it's accountability. That's where you often tend to sort of not allow yourself to be accountable. And oftentimes we need to be accountable with others as well. In other words, we set ourselves up to say, "Hey this is what I'm doing. This is my plan of action." And we include other people and ask for them to support us and be able to do that. The reliance part of it in being able to feel okay about asking for help is very important for you. You have a tendency not to verbalize your need for support. You know what I'm saying?

Andrea:

Absolutely. Yes.

Dr. Robert Pease:

Yes. As a big one for you. When you get this piece, and it's just a piece of the puzzle, you will be able to move more into trusting your faith in your own journey. This is a big thing for you because you don't trust anybody. You don't trust anything. Trust is not the big word in your life, but you can't trust yourself. That's the one person you can allow yourself to trust. Trust in the faith, in your own journey.

Andrea:

Okay.

Dr. Robert Pease:

Trust in the faith of your own journey. Actually, write that down so that you can be able to step into that. Have you done the SST, the Spontaneous Transformation Technique with Jennifer yet?

Andrea:

I've done some of it.

Dr. Robert Pease:

Okay. Jennifer, tune in here to that support that you offer so much in getting more harmony and center point for her so that she doesn't jump back and forth, back and forth. And her polarity from being extremely confident to, "I don't love myself at all."

Jennifer McLean:

Yes. It is for you, in particular, Andrea, what I'm feeling is that this is a little bit of the extreme, so you can see it and you can shift it. It's kind of like at the end of the pattern. Does that feel like that could be true?

Andrea:

That is true.

Jennifer McLean:

Yes. That's good. And Dr. Robert really brought it forward. It is in your numbers. And the opportunity now is for you to actually have a conscious, dedicated practice of presence. Whatever that feels like to you, it feels like it is kind of similar to me, which is using 'what if' and the Spontaneous Transformation Technique. Did you take the soul power program?

Andrea:

I didn't. But I did a few years back - remember? Every day for a few days, it was so great. And that is when you did some of the STT and that's why I became familiar with it. And I've incorporated it with my clients. I love it. I do it all the time. I love it.

Jennifer McLean:

This is great. The soul power formula is really cool. I'll just give you the four steps. It's feel your feelings. When you have a feeling that is real, there's a reason why you have it. You have a really good reason for it. It's because of something that happened in the past, but it's here in the present. Use the present moment to reveal what the past is ready to heal. Feel your feelings; feel it until it's complete. I feel angry. Just say it. I feel angry. Not "I am angry", but "I feel angry". Feel it, or I feel whatever it is you're feeling. I'm just feeling like I don't trust myself or whatever it is. Feel it.

Andrea:

Yes. I feel small. That's what I feel.

Jennifer McLean:

I feel small. That's what it is. Thank you. I couldn't find the words for what feels small and then there is an emotion that's underneath it. What is the emotion that's underneath it? It feels like there's some sadness in that smallness. Is that true?

Andrea:

I went right to terror, but okay. Sadness.

Jennifer McLean:

That's okay. I jumped a couple of steps. There is anger and then sadness. This is usually how it goes. I apologize. I went too fast, but yes, terror, I feel terror. I feel afraid. Feel it; actually, feel it. We don't allow ourselves to feel. That's step one. Step two is notice that there is a really good reason why you are feeling it. Bring your conscious attention to the pattern that is there. The next step is to do an STT. Once you feel it, it creates this beautiful opening for the STT to go even better. For those who don't know, STT stands for Spontaneous Transformation Technique which is my system of healing. And then the final thing is, after the STT session, there's an extra step. Notice your connection to your soul has opened up even more. And when you start noticing and noticing and noticing and noticing the conscious transformation that is happening, that noticing in itself creates an additional expansion. Use this soul power formula now with STT.

Andrea:

Okay.

Jennifer McLean:

You got this sister.

Andrea:

That's already happening, because I'm starting to cry. It's a nice release. Thank you, guys very much.

Jennifer McLean:

And Andrea just said, "I'm starting to cry, which is release." You have definitely taken my course. No story, just release. Really, really good. You're doing great. You're on this little moment of seeing the pattern super clear. It's up, it's up, it's up. It's up. And it can be frustrating when it's up and up and up and up like that. Yes. But it is up and up and up and up so you can get it because you are ready. You are ready. That's why it's up. Because you are ready.

Andrea:

I let it go. Yes.

Jennifer McLean:

Well, it's not even final. It is just to let it go to the next step.

Andrea:

That's a better way. The next layer of it or the next level.

Jennifer McLean:

The next layer is ready and it's a big layer. It's a big one, as you know.

Andrea:

Okay. Yes.

Jennifer McLean:

Good job. Thanks Dr. Robert.

Andrea:

Thank you, Dr. Robert.

Dr. Robert Pease:

You are welcome darling. I'm glad you're part of the community. We will get to share every month and you will be able to share twice a week with Jennifer's other contributors and with her. And the prayer circle is so fabulous.

Andrea:

It's great. I love it.

Dr. Robert Pease:

Yes. And take a look at the STT. I believe this is what she was called to do. I mean, speaking out of turn here, but I really feel she was called to do this, the work that she's doing now. So take advantage of that to support you, especially that smallness needs to be nurtured. Come on Alice. It's a Wonderland.

Andrea:

Okay.

Dr. Robert Pease:

Enjoy the adventure!

Andrea:

Thank you.

Jennifer McLean:

Thank you, Andrea. You've got this, sister. You really do. And it is in your voice? Listen to your voice on this recording. You can hear that bigness.

Andrea:

Okay. Thank you so much.

Jennifer McLean:

You're welcome, honey. Can you pick our next person from one to 206?

Andrea:

206.

Jennifer McLean:

All right. You are on the air.

Vesna:

Hi Jenn. I got kicked off about ten times today!

Jennifer McLean:

Oh, sorry. You made it, right? That is what life is - you get kicked off until you make it. What's your birthday, love?

Vesna:

September 2nd of 1954.

Dr. Robert Pease:

Hi, Happy New Year. What is it that you need?

Vesna:

Oh gosh.

Dr. Robert Pease:

Everything?

Vesna:

Everything.

Dr. Robert Pease:

I just heard your guides go "she needs everything". She's ready to step up to the play and be seen and allow herself to pronounce that. And what's interesting about your comment was that you've been kicked off so many times and then you finally got back on and then, interesting enough, you focused on the getting kicked off many times, but what you did not really do was celebrate the fact that you got picked out of hundreds of people. Celebrate! Okay?

Vesna:

Thank you.

Dr. Robert Pease:

What's your question? What do you need and require?

Vesna:

I have just retired and I'm wondering what's next?

Dr. Robert Pease:

Okay. What's next? What do you want to be next? What is your desire? What actions are you willing to take to create the next in your life? Let me take a look here. You're not quite at the year of completion, so you are still in that fabulous place of needing, required to figure it out. This is a great space for you to just sort of allow yourself to sample the things that are possible or impossible for you in your life. To make a list of the things that may be of interest, perhaps things that you've never done, that you've always desired to do or pieces of the past that never got fulfilled that you would like to do - the great voyage, the great trip, the great story to write, the great piece to paint, the great song to be song.

Dr. Robert Pease:

For me, there is just not enough time or space in the universe and in my world left for me to possibly even get through a 10th of all the things I dream of. Right? I come from a huge world of abundance. It's like, oh my gosh, I'm so excited all the time. I'm not always excited when it gets completed, because it's like, oh my gosh, I really had so much fun just on the adventure. What is the next adventure for you that you would like to undertake? You are idealistic. You have been very self-determined all your life. Your tendency is to be a bit remote. There's a shyness about you, that you have learned to develop your

confidence, to be able to step into the world, to be in action, to do that. You are like me, you are the great procrastinator, but this is a great year for you to be a procrastinator, utilize the space, to sort of tap into and dabble a bit with different opportunities to explore.

Dr. Robert Pease:

I could give you a list of things that you could go sample that you have probably never even thought about doing. Even though there is a lot that you could be doing, you are being asked and called upon this year to use the space to sort of be in the peace of it. I mean, you've busted your butt all your life, right? You've been working your butt off your whole life. I know the energy is about, ah, I got to be doing something. I mean, because that's what I am. I'm a "do"-er. You are, you are a manifester; you love to do and show up in the world and be dynamic that way.

Dr. Robert Pease:

Remember the triple twos I talked about earlier? It is about calmness and peace; discovering and exploring. What does the peace look like and feel like, what does calmness look like and feel like, and in what way can I explore peace and calm this year in my life? What does the fragrance of that smell like? What is the color of it? What is the texture of calm and peace?

Dr. Robert Pease:

Peace of mind, and to explore the space of that right now, and just allow it to naturally begin to have doors that open up that will invite experiences and energies into your life that perhaps will be enticing enough for you to follow the yellow brick road on. Does that make sense?

Jennifer McLean:

Yes. Yes it does.

Dr. Robert Pease:

Does it feel good?

Vesna:

Yes.

Dr. Robert Pease:

Be in that place and pat yourself on the back. I'm very big on celebration, you've achieved and accomplished a great deal in your life. And maybe now a little bit of reflection and to celebrate that, just throw yourself a Mad Hatter tea party and invite your craziest friends over to celebrate all that has been created thus far that has brought you to this place.

Dr. Robert Pease:

Now you can say, okay, I can take a beat, I can relax and I can allow, and I can receive, which is a big thing, because again, giver, giver, giver; not very good at receiving, receiving, receiving in your life. It is like now you have a chance to open up your receptor, and get that antenna up and receive as much as you can this year. Really enjoy that experience of it. See what shows up, what's revealed, what is possible in thought and imagination or in just breathing. And of course, my big mantra this year for all of us is to smile more. Smile at the little pieces and the little things in life. Enjoy this part of it because it's

going to explode on you and you're going to be out there manifesting, twirling and spinning again and going gosh, I can't believe I've gone down the rabbit hole again. Or maybe not. Maybe this is a time that you will allow yourself to just be present and enjoy the ride. Roll down the back window. Let divine love drive the car and God navigate it. And you can look at the window and enjoy the view. What would that look like and feel like for you?

Dr. Robert Pease:

It's big. Yes. Hello.

Jennifer McLean:

Gosh. Looks like we lost her. We can't hear you, honey. Dr. Robert, I think you got the point across.

Dr. Robert Pease:

I think so.

Jennifer McLean:

We're going to move on. Thank you, Vesna. Dr. Robert, would you pick our next member from one to 203?

Dr. Robert Pease:

I'm going to let you do it this time. I did the last time.

Jennifer McLean:

I'm going to go 156. You're on the air.

Helene:

Oh my. I was just trying so hard to get on the website, trying to sign up, but I just finally did so.

Jennifer McLean:

Yay.

Helene:

I'm a little bit verklempt.

Jennifer McLean:

You got it done. That's probably part of what it is about this reading. You are still in a state of verklempt, even though you got it done. That was what the last one did too. Okay, what's your birthday?

Helene:

4/18/1947.

Dr. Robert Pease:

Hi Helene, what do you need or required today?

Helene:

Well, I'm in that space. And what I was actually asking was that a lot of the barriers or blocks that I've been having are dissipating, but I still need help with some of them and healing. And then just trying to figure out my new path. There are just so many things that interest me and that are going on right now that I'm just not sure. I'm kind of like a dilettante, where I like everything. And I get curious about everything.

Dr. Robert Pease:

Welcome to my club. That's my club. Okay. You're welcome. I invite you as a member to be in the club of doing and having it. I'm a big believer in that. By the middle of last year, I had already begun planning out the entire agenda for 2022. Right?

Helene:

Wow.

Dr. Robert Pease:

Trips - going to Yellowstone for two weeks in the middle of May, by the way, there won't be any bookings to talk to me most of May because I'm gone; we're traveling. I say, allow yourself to be in the space so that you are in a 19, 10, 1 year.

Dr. Robert Pease:

That is a lot of intention, a lot of opportunity to plant some seeds. You are in fact going to plant seeds three times this year. You are going to be kind of one of those "thirdly", is there such a thing farmer. You're going to have three different times this year now, again, probably before summer and again before fall. There are three positions of intention for you this year, three different seeds that you're planting. Right now the thing is to know that and to pick the first seed. What shall I create today? That is the focus and the clarity that you're asking the universe that you will invite in. And then, once you know the seed, then you're going to ask the next big question. What action shall I take? Okay. The action is then once the seed is planted, it's all about nurturing it.

Dr. Robert Pease:

It's about preparing it, the nurturing it, fertilizing it, taking care of it, allowing it to grow. You're not going to be pulling the thing out of the ground, trying to get it to grow. You're just going to allow it to come up, be involved with that part. And that's going to keep you active through the first third of the year, right? So we're looking January, February, March, April, basically, that you're doing that. That's important to know as well also of right now, the intention around this seed, this first seed, I can give you a drop of a hint on it.

Dr. Robert Pease:

It's around your teaching, leadership, philanthropy, entrepreneurship, your charity. Whatever it is, it may resemble, and I don't like to give you exact direction because then it takes away from you to be inventive and creative. And I would love you to be inventive, creative, but the focus may be charitable. Whatever that word means to you, in what way that you can connect to the actions of charity, it doesn't mean giving something away. That's not what being charitable is.

Helene:

It could mean just in general serving people, serving others?

Dr. Robert Pease:

Yes.

Helene:

Being of service.

Dr. Robert Pease:

Yes. Being of service to people, to places or things. Right? It may not be people. It may be things, it may be animals. It may be nature. And it's a short period. It's only four months, right? Four or five months.

Dr. Robert Pease:

The reason for that is because one intention leads to the next and to the next. Whatever this intention is for you right now will actually nurture the next intention. I will clarify the next seed you're planning in May or June. And then these two will then and create the third one in the fall. This is kind of a fun year for you in being able to have a lot of things to grow at least three major. They may not be major. They may be minor things, three minor things that make a major or three major things that make an enormous thing, whatever it is. But to be able to the first one really is around your teaching ability, your ability to instruct, to guide that you do so naturally, is your gift to begin with.

Dr. Robert Pease:

And you're profoundly grounded. I mean, you're such an organic girl. I just love the smell of you, you're very organic. You've got, I mean that I know, I know. And I said that, I thought, oh God, that could be interpreted in a million different ways, but it made you laugh. So you know exactly what I mean, it's like there's an earthiness to you that people are attracted to you to give them a sense of ... you're the soil that grows and nurtures others and ideas and people and places and things. That is really the direction this year. Does that make sense to you?

Helene:

Well, it feels mighty fine what you said that. I mean, because I'm kind of lost. I felt that way for a while some years ago, but I kind of got off track. So I there's a part of me that recognizes what you just said.

Dr. Robert Pease:

You're talking my language, this year is still part of you. The calm, the part of you that's listening to it and allowing it to grow naturally. It's just something that's not our nature. We're so determined. Especially our generation. You and I share partly the same generation. We're post World War II babies. So it was about building, we came from parents that were driving, building, manifesting, creating the new whatever. And we grew up in that, "you needed to become something," you know what I mean? "What are you going to be the rest of your life?"

Helene:

I know absolutely what you mean. I still have to be doing and I have to be doing all the time. And it's not that easy to be quiet.

Dr. Robert Pease:

Well, nurture that this year. Jennifer, what can she do to nurture quiet?

Jennifer McLean:

Do you ever play with the "what if I were in the center of my soul"?

Helene:

You know, I haven't been because I've been so busy.

Jennifer McLean:

There you go. I know. So interesting. They gave me a little note this morning. I suspect it was about you, about people who say - there's a friend of mine who would talk about how he didn't have time to brush his teeth in the morning because he was so busy. And my thought in that moment is, "what a bunch of horse #S%", excuse my French. Not necessarily for you, but it's a relevant teaching moment, which is, if you don't have time to nurture yourself, you are doing busy work that is not essential because the essential work of your life is to care for yourself. The essential work of your life is to love yourself and loving yourself looks like standing in the center of your soul. If he doesn't have time to brush his fricking teeth, he is not creating a life in a business that is of service in a good way.

Jennifer McLean:

Because if we're not taking care of ourselves first, it's that old airplane thing. If we do not put the mask on ourselves first, we will be unconscious before we can put it on the people around us. Right? That old story - they're showing me the pitcher one, the picture of water. If we keep pouring our water out, there's none left for us. Right? There is none left for anyone. That mind-oriented thing, I've just been too busy. I get it. I can feel that way. And yet, here's the deal. If you stand in the center of your soul, we'll do it right now for everyone. For two minutes, there is this incredible space that is created. Literally space. We'll all do it in just a moment. And guess what space is?

Jennifer McLean:

It's a hundred percent married to time. If we create space in our field of being-ness, we are actually creating more time and we become way more productive because we are taking action upon things that are from soul, not mind. Mind stuff is busy work. Work is busy work. And most people aren't served by busy work. By the end of the day, you have hardly accomplished anything, but you have worked for eight hours. Right?

Helene:

Amen.

Jennifer McLean:

Right. That's busy work to me. That's an indication that your mind has been in charge and is your mind is telling you what to do. Start by being, and allow that place of being. When we are in a state of being, we are in connection to soul. And when we are connected to soul, we are in space. And when we're in space for creating time, and when we're taking action from the inspirations that come from there, the inspired action, the impulses of the soul, "I am" pulse, when we hear the inspirations and "I am" pulses from soul, we're taking actions now that are extremely streamlined and efficient. And the busy work stops.

Jennifer McLean:

I completely changed my entire business. My business went way down and I started from scratch and I work four, maybe five hours a day. I'm more profitable. And I work way less, way less. But you think as a solopreneur doing everything, which I do everything, as you can tell, I have to make the mistakes. There is no one to blame but me, however, I do everything. And you think that I'd be way busier. I am not. Why? Because I'm listening to my soul, tell me the inspired actions of soul that gives me from space that gives me more space.

Helene:

Yes.

Jennifer McLean:

I think Helene, if you can, the Soul Power Formula course would be really powerful for you. The one I created last fall. No pressure.

Helene:

Okay.

Jennifer McLean:

It's really my seminal work. No pressure, even just getting a session with Dr. Robert is going to help put things into perspective. It's already changing. You have already shifted since last year. I can tell.

Helene:

Thanks to you. This is an advertisement, everybody. Your program has just been, I've taken many other courses and this has gone deeper than any of them.

Jennifer McLean:

I just got chills. Helene. You've changed a lot since we first started talking to you last year.

Helene:

I know. I could barely talk.

Jennifer McLean:

No, you are very articulate, lady. Maybe in your mind, you weren't talking, you've always been articulate. Your energy has just beautifully expanded and there's just more of you. It's really beautiful.

Helene:

Thank you for that.

Jennifer McLean:

You're welcome. It's been delightful to watch the metamorphosis over this year and thank you for sharing that, because I really believe in this membership, so does Dr. Robert and I'm glad you did too. That's awesome.

Helene:

Oh, absolutely.

Jennifer McLean:

Well, thank you.

Helene:

It is life changing. There's nothing, and I underscore that a whole dozen times.

Jennifer McLean:

Thank you for sharing that. That was beautiful. Is it okay if we move our attention on?

Helene:

Absolutely.

Jennifer McLean:

Thank you.

Dr. Robert Pease:

I just looked at the clock. I'm like, I'm having the time of my life.

Jennifer McLean:

I just can't believe it. How did that happen? Like you said, this is light speed year, light speed. And the other thing is that what Dr. Robert is talking about is something that we've been playing with here in this community, which is when you move into the center of your soul, you're actually creating a different sense of time. And when you do that, you can get more done in less time. We just jammed probably about three hours worth of brilliance into an hour and 40 minutes. Dr. Robert, thank you for such a great session.

Jennifer McLean:

I'm so grateful that you're still here with us playing in MasterWorks Healing and bringing us your genius and your gifts. And I want to thank all our members for opening up the lines; the sessions this week. Thank you, beautiful members. Next is the amazing Elizabeth Harper. Goodnight, everyone, or good afternoon, everyone. Thanks Dr. Robert Love you. Bye-bye.